



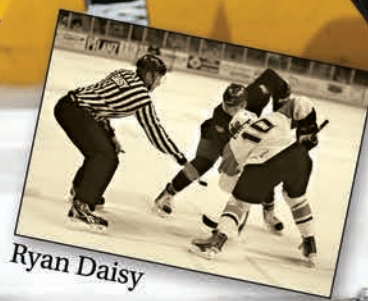
2017-21

# OFFICIAL RULES OF ICE HOCKEY JUNIOR HOCKEY EDITION



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The intent of this edition is to provide Junior "A" Tier I, Tier II and Tier III leagues given Junior Council approval with a rulebook specific to the Junior program. Control of this document rests with the USA Hockey Board of Directors, in conjunction with the USA Hockey Playing Rules Committee.

Adopted June 10, 2017 – Colorado Springs, Colo.

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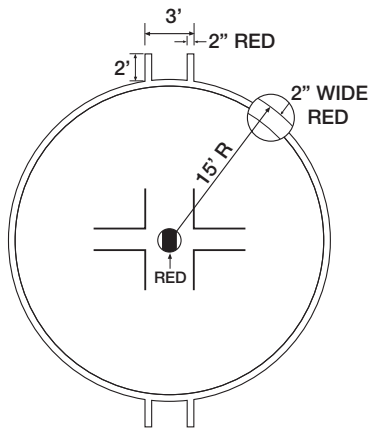
***Rules changes are highlighted.***

The diagram illustrates a rectangular pool table layout with the following dimensions and features:

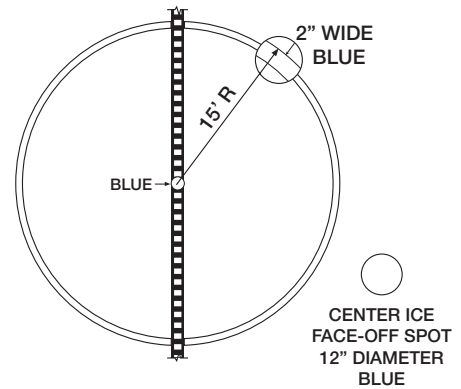
- Overall Dimensions:** The table is 85' - 100' wide and 185' - 200' long.
- Ends (Left and Right):** Each end is 11' wide. The main playing area is 64' wide.
- Central Area:** The central area is 35' - 50' wide, flanked by two 12" wide sections.
- Scorekeeper:** A rectangular area at the bottom center is labeled "Scorekeeper".
- Players Bench:** Two rectangular areas at the top are labeled "Players Bench".
- Pool Tables:** There are four pool tables, two on each end. Each table has a 24" diameter and a 15' radius. The tables are 20' apart and 4' from the side walls.
- Other Features:** A 6' R (Right) area is marked on the left end, and an 8' R (Right) area is marked on the right end. A 10' R (Right) area is marked at the bottom center.

The diagram illustrates the layout of a soccer field with various designated areas and benches. The field is divided into three main sections by two vertical lines. The left section contains two circular goals, each with a shaded 'Goalkeeper Privileged Area' extending from the goal line. The right section contains two circular goals, each with a shaded 'Goalkeeper Warm-up Area' extending from the goal line. The central section is a rectangular area with a central circle and two smaller circles on either side. Above the central section, there are two 'Players Bench' areas. Below the central section, there is a 'Scorekeeper' area. The diagram uses black lines for boundaries and circles, and hatched patterns for the privileged and warm-up areas.

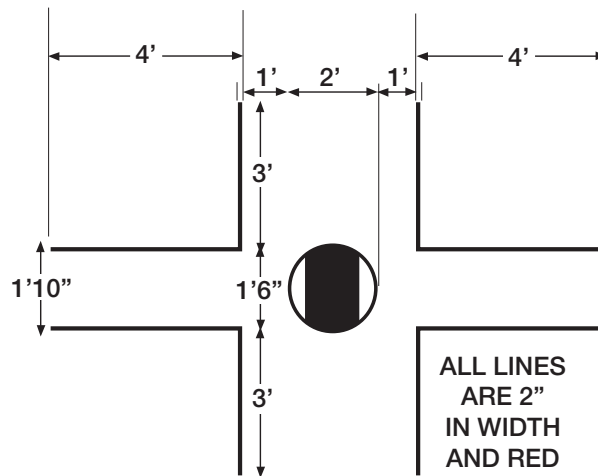
## DETAILED RINK DIAGRAMS



**END ZONE FACE-OFF SPOT  
AND CIRCLE DETAIL**

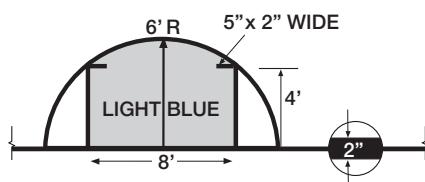


**CENTER ICE FACE-OFF SPOT  
AND CIRCLE DETAIL**

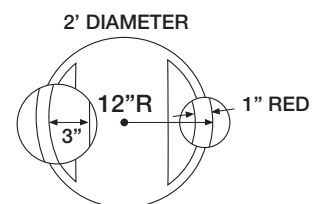


**FACE-OFF CONFIGURATION**

ALL LINES ARE 2"  
IN WIDTH AND RED



**GOAL CREASE DETAIL**



**END ZONE AND NEUTRAL ZONE  
FACE-OFF SPOTS**







# **GENERAL INFORMATION**



## PHILOSOPHY OF JUNIOR HOCKEY

The goals of junior hockey are to promote, develop and administer the domestic USA Hockey program for junior-aged players, teams and leagues.

USA Hockey's Junior Program is available to athletes who are at least 16 years of age and no older than 20 as of the 31st day of December of the current season of competition. The program is available to high school students and graduates who seek a greater or different challenge than that which might be available through their prep school team, high school varsity or club team or area 18 & under teams. The principal purpose of this development program is to prepare the athlete for career advancement either in a collegiate program or a professional opportunity.

Junior hockey leagues/teams are certified, annually, by the Junior Council, in the following classifications: Tier I; Tier II; Tier III; and provisional for any of the foregoing classifications.

### ***The purpose of Junior hockey is two-fold:***

#### **1. Opportunity**

To provide an opportunity for players in this age group to play organized hockey.

#### **2. Development**

To improve and develop the skills and abilities of all the participants, including players, coaches and officials.

### ***The goals of Junior hockey as a program of USA Hockey are as follows:***

#### **1. Skill Development**

To provide talented young players with the opportunity to develop in an organized, structured, competitive and supervised environment.

#### **2. Quality Coaching**

To provide considerable training time, quality coaching instruction and concerned oversight.

#### **3. Social Maturity**

To provide players with a healthy, constructive environment in which to develop socially.

#### **4. Educational Advancement**

To provide assistance and opportunities for the accomplishment of the participant's educational goals.

#### **5. Recruiting Exposure**

To provide players with exposure to collegiate and professional scouts and recruiters.

#### **6. Advanced Competition**

To provide players with exposure to national and international competition.

#### **7. Protection of Amateur Status**

To protect, most importantly, the amateur status of all participants under the rules and guidelines established by the International Ice Hockey Federation, USA Hockey, Hockey Canada, the NCAA, the NAIA, and the National Federation of High Schools.



## POINTS OF EMPHASIS 2017 THROUGH 2021 SEASONS

The goal of USA Hockey is to promote a safe and positive playing environment for all participants while continuing to focus on skill development and enjoyment of the sport. All officials, coaches, players, parents, spectators and volunteers are encouraged to observe these “Points of Emphasis” when participating in the sport of ice hockey.

### FAIR PLAY AND RESPECT

Fair play and respect are the backbone of any successful amateur sports program. In order for a positive environment to be created, it is imperative that all participants and spectators have respect for all players, coaches, officials, administrators, spectators and the sport of hockey. Hockey is a game demanding high levels of concentration and skill. Taunting or unsportsmanlike conduct directed at opponents or officials will not be tolerated.

**Intimidation** tactics have no place in ice hockey. These tactics include any contact to the head of the opponent, checking from behind and late avoidable body checks to an opponent who is no longer in possession and control of the puck. Officials are instructed to enforce these rules to a high standard and assess the appropriate penalty when these actions occur. In addition, officials are expected to strictly enforce any avoidable contact occurring after the whistle – including during scrum situations around the goal.

In Body Contact categories, legal body contact shall be allowed and players allowed to compete using proper body position skills. However, any deliberate body checks shall be penalized accordingly. If a body check is delivered for the purpose of intimidation, a major penalty should be assessed to the offending player.

In Body Checking categories, the purpose of the check shall be to separate the opponent from the puck and officials should strictly penalize any illegal actions such as boarding, charging and a late avoidable body check to a player who is no longer in possession and control of the puck.

**Players** are encouraged to develop a deep sense of respect for all (opponents and officials) while endeavoring to enjoy the sport and improve their playing ability. Each player is expected to use proper skill and technique when engaging in any type of body contact.

**Coaches** are responsible for instructing their players to play the sport in a safe and sportsmanlike manner. To that end, coaches are directed to teach only those skills necessary to allow for proper and legal body contact.

**Officials** should be diligent and confident when officiating the sport. Each official should enforce all playing rules fairly and respectfully with the safety of the players and the best interest of the game in mind. Players must be held accountable for dangerous and illegal actions with the proper enforcement of the rules at all times.

**Spectators** are encouraged to support their teams while showing respect for all players, coaches, officials and other spectators.

### STANDARD OF PLAY AND RULE EMPHASIS

USA Hockey will continue to observe the Standard of Play and Rule Emphasis for restraining fouls adopted in June 2006. The goal is to reduce restraining infractions in the game, allowing the skill levels of the participants to determine the outcome of a game and to increase participant enjoyment.

USA Hockey will also continue to emphasize the Body Checking Standard of Play and Rule Emphasis adopted in 2011 as part of its effort to create a safe environment for all participants. The goal is to enhance player skill development by eliminating intimidating infractions designed to punish the opponent. Proper enforcement of this standard will improve the proper skill of legal body checking or legal body contact at all levels of play.

### CONCLUSION

Hockey should be enjoyed by all participants. To that end, all participants and spectators should observe a level of personal behavior that demonstrates respect for all. USA Hockey will continue to increase awareness among all officials and coaches with regard to these Points of Emphasis and the Standard of Play and Rule Enforcement.





## STANDARD OF PLAY AND RULE EMPHASIS — BODY CHECKING

Through the standard of rules enforcement, our game will continue to allow the opportunity for improved skill development and a more positive hockey environment for all participants. This initiative will result in greater emphasis on skating, puck possession and the proper use of the body to establish position and legally gain a competitive advantage.

The goal of the enforcement standard is to create an environment that enhances player skill development by reducing intimidating infractions designed to punish the opponent. This standard is designed to improve the proper skill of legal body checking or contact at all levels of play and will not remove the physical component from the game. A hard body check or using body contact/position (Body Contact categories) to gain a competitive advantage over the opponent should not be penalized as long as it is performed within the rules. The focus of the body check should be to separate the opponent from the puck.

The principles of this body checking enforcement standard include the following:

- The purpose of a body check is to separate the opponent from the puck.
- Only the trunk (hips to shoulders) of the body shall be used to deliver a body check.
- The check must be delivered to the trunk (hips to shoulders) and directly from in front or the side of the opponent.
- Players who use their physical skills and/or anticipation and have a positional advantage shall not lose that advantage provided they use their body to check the opponent within the rules.
- Players will be held accountable for acts of an intimidating or dangerous nature.

**Enforcement Standard** – These penalties are to be called with very strict enforcement.

### ***BODY CHECKING (Body Contact Categories)***

A player cannot deliver a body check to any player while participating in a Body Contact category. Examples include:

- Makes deliberate physical contact with an opponent with no effort to legally play the puck.
- Uses overt hip, shoulder or arm contact with the opponent to physically force them off the puck.
- Physically impedes the progress of the opponent with hips, shoulders or torso without establishing legal body contact and having no intent of playing the puck.

### ***BOARDING***

A player cannot commit any infraction, including body checking, for the purpose of intimidation or punishment that causes their opponent to go **dangerously** or excessively into the boards. Examples include:

- Accelerating through the check to a player who is in a vulnerable position off of the boards that causes them to go **dangerously** into the boards.
- Driving an opponent excessively into the boards with no focus on or intent to play the puck.
- Any other infraction (tripping, cross-checking, charging etc.) that causes the opponent to go **dangerously** and excessively into the boards.

### ***CHARGING***

A player cannot take more than two fast strides or travel an excessive distance to accelerate through a body check for the purpose of punishing the opponent. Examples include:

- Running or jumping into the opponent to deliver a check.
- Accelerating through a check for the purpose of punishing the opponent.
- Skating a great distance for the purpose of delivering a check with excessive force.

### ***CHECKING FROM BEHIND***

A player cannot deliver a body check to an opponent directly from behind, or diagonally from behind. The onus is on the player delivering the check to not hit from behind. Examples include:

- Body checking or pushing an opponent from behind directly into the boards or goal frame or in open ice.

### ***HEAD CONTACT***

A player cannot contact an opponent in the head, face or neck, including with the stick or any part of the players body or equipment. The onus is on the player delivering the check, regardless as to size differential, to not make contact in the head/neck area of the opponent. Examples include:

- A body check delivered with any part of the body that makes direct contact with the head or neck area.
- The use of the forearm or hands to deliver a check to the head or neck area of the opponent.

## **ROUGHING**

A player cannot use the hands, stick or extension of the arms to body check an opponent or deliver an avoidable body check to a player who is not in possession and control of the puck. Examples include:

- Intentionally playing the body of an opponent who does not have possession and control of the puck.
- Delivering an avoidable check to a player who has already relinquished control of the puck by a pass or shot. This is oftentimes referred to as “finishing” the check.
- Any avoidable contact after the whistle shall be penalized strictly, including scrum situations around the goal or along the boards. Officials are instructed to assess an additional penalty to those players acting as the aggressor or who instigates any contact after the whistle.

## **SUMMARY**

All USA Hockey members must demonstrate awareness and support for the application, spirit and the respect of the rules in order for continued improvement in the game of hockey. At the same time, it is important to remember that:

- A player is entitled to use proper body position and body contact in all age classifications in order to gain a competitive advantage.
- Players are allowed to compete for body position using their strength and balance in front of the goal or along the boards.
- In Body Checking categories, the focus of the body check must be to separate the opponent from the puck.

## STANDARD OF PLAY AND RULE EMPHASIS — RESTRAINING FOULS

Through the standard of rules enforcement, our game will continue to allow the opportunity for improved skill development and a more positive hockey environment for all participants.

The goal of the enforcement standard is to reduce restraining infractions in the game and not to remove legal body checking or body contact. A hard body check or using body contact/position (Body Contact categories) to gain a competitive advantage over the opponent should not be penalized as long as it is performed within the rules.

The principles of this continued enforcement standard include the following:

- The use of the stick will be limited to only playing the puck.
- The stick will not be allowed to in any way impede a player's progress.
- The use of a free hand/arm will not be allowed to grab or impede a player's progress.
- Players who use their physical skills and/or anticipation and have a positional advantage shall not lose that advantage as a result of illegal acts by the opponent.
- Players will be held accountable for acts of an intimidating or dangerous nature.

**Enforcement Standard** – These penalties are to be called with very strict enforcement.

### **HOOKING**

A player cannot use his/her stick against an opponent's body (puck carrier or non-puck carrier) to gain a positional advantage. Examples include:

- Tugs or pulls on the body, arms or hands of the opponent which allows for the space between the players to diminish.
- Placing the stick in front of the opponent's body and locking on – impeding the opponent's progress or causing a loss of balance.
- Stick on the hand/arm that takes away the ability for the opponent to pass or shoot the puck with a normal amount of force.

### **TRIPPING**

A player cannot use his/her stick on the legs or feet of an opponent in a manner that would cause a loss of balance or for them to trip or fall. Examples include:

- Placing the stick in front of the opponent's legs for the purpose of impeding progress, even if on the ice, with no effort to legally play the puck.
- Placing the stick between the legs of the opponent (can opener/corkscrew) that causes a loss of balance or impedes the progress of the opponent.

### **HOLDING**

A player cannot wrap his/her arms around an opponent or use a free hand to clutch, grab or hold the stick, jersey or body on the opponent in a manner that impedes their progress. Examples include:

- Wrapping one or both arms around the opponent along the boards in a manner that pins them against the boards and prevents them from playing the puck or skating.
- Grabbing the opponent's body, stick or sweater with one or both hands.
- Using a free arm/hand to restrain or impede the opponent's progress.

### **INTERFERENCE**

A player cannot use his/her body ("pick" or "block") to impede the progress of an opponent with no effort to play the puck, maintain normal foot speed or established skating lane. Examples include:

- Intentionally playing the body of an opponent who does not have possession or possession and control of the puck.
- Using the body to establish a "pick" or "block" that prevents an opponent from being able to chase a puck carrier.
- Reducing foot speed or changing an established skating lane for the purpose of impeding an opponent from being able to chase a puck carrier.

### **SLASHING**

The use of the stick will be limited to only playing the puck. Any stick contact, as a result of a slashing motion, to the hands/ arms or body of the opponent will be strictly penalized. In addition, hard slashes to the upper portion of the stick (just below the hands) of an opponent, with no attempt to legally play the puck, shall also be penalized.

## **CONCLUSION**

All USA Hockey members must demonstrate awareness and support for the application, spirit and the respect of the rules in order for continued improvement in the game of hockey. At the same time, it is important to remember that:

- Players are entitled to the ice they occupy as long as they are able to maintain their own foot speed and body position between opponent and puck.
- Players are allowed to compete for body position using their strength and balance in front of the goal or along the boards.

**Coaches** are expected to teach proper skills and hold their players accountable for illegal and dangerous actions, regardless as to whether they are properly penalized, or not.

**Parents** are expected to support the decisions of the officials and support the coaches in teaching the proper skills in a safe and positive environment.

**Officials** shall enforce a strict penalty standard according to the guidelines that have been established.

**Players** are expected to compete within the playing rules.

**Administrators** are expected to hold players, coaches, officials and parents accountable for their actions in an effort to promote a safe and positive environment for all participants.

***All members of USA Hockey share an equal responsibility to ensure the integrity of the game is upheld. The onus to incorporate change is not only on the officials, but also on administrators, coaches, parents and players, as well.***



## GLOSSARY

**Aggressor:** A player is deemed the aggressor when he has clearly won the fight but he continues throwing and landing punches in a further attempt to inflict punishment and/or injury on his opponent who is no longer in a position to defend himself.

**Altercation:** Any physical interaction between two or more opposing players resulting in a penalty or penalties being assessed. An altercation will generally occur at a stoppage of play (not within the normal process of playing the puck) and includes the gathering of two or more opposing players and requires action to be taken by the on-ice officials to separate players.

**Body Checking:** A legal body check is one in which a player checks an opponent who is in possession of the puck, by using his hip or body from the front, diagonally from the front or straight from the side.

Legitimate body checking must be done for the purpose of separating the opponent from the puck and only with the trunk of the body (hips and shoulders) and must be above the opponent's knees and at or below the shoulders.

**Body Contact:** Contact that occurs between opponents during the normal process of playing the puck, provided there has been no overt hip, shoulder or arm contact to physically force the opponent off of the puck.

**Break-away:** A condition whereby a player is in control of the puck with no opposition between the player and the opposing goal, with a reasonable scoring opportunity.

**Coach:** A coach is a person primarily responsible for directing and guiding the play of his team. Along with the Manager, he is responsible for the conduct of his team's players before, during and after a game.

**Coincident Penalty:** A penalty of equal type (e.g., minor or major) assessed during the same stoppage of play, and for which neither team is reduced in on-ice numerical strength. A coincident penalty never causes either team to be "shorthanded" for purposes of penalty termination if a goal is scored.

**Creases:** *Goalkeeper's Crease* – Areas marked on the ice in front of each goal designed to protect the goalkeepers from interference by attacking players.

**Delayed Off-Side:** A situation where an attacking player has preceded the puck across the attacking blue line, but the defending team has gained possession of the puck and is in a position to bring the puck out of their defending zone without any delay or contact with an attacking player.

**Deflecting the Puck:** The action of the puck contacting any person or object, causing it to change direction.

**Directing the Puck:** The act of intentionally moving or positioning the body, skate or stick so as to change the course of the puck in a desired direction.

**Face-Off:** The face-off is an action of an official dropping the puck between the sticks of two opposing players to start play. The face-off procedure begins when the official indicates its proper location and the officials are in their appropriate positions. The face-off commences with the dropping of the puck.

**Game Suspension(s):** When a player, coach or manager receives a game suspension(s), he shall not be eligible to participate in the next game(s) that were already on the schedule of that team before the incident occurs.

**Goalkeeper:** The goalkeeper is designated by the team and is permitted special equipment, for protection, and privileges for the purpose of playing the puck.

**Goalkeeper's Privileged Area:** The area outlined by connecting the end zone face-off spots with an imaginary line and imaginary lines perpendicular to the end boards (see rink diagram).

**Goalkeeper's Warm-Up Area:** The area including the Goalkeeper's Privileged Area extended to include the area formed by a line from each end zone face-off spot to where the goal line meets the side boards (see rink diagram).

**HECC:** The Hockey Equipment Certification Council is an independent organization responsible for the performance standards for ice hockey equipment.

**Injury Potential Penalties:** Injury potential penalties include butt-ending, checking from behind, head-butting, spearing, boarding, charging, cross checking, elbowing/kneeing, head contact, high sticking, holding the facemask, slashing and roughing. The linesman is required to report these infractions to the referee following the next stoppage of play that may have occurred and were unobserved by the referee.

**Last Play Face-Off:** The location at which the puck was last legally played by a player or goalkeeper immediately prior to a stoppage of play.

**Line Change Procedure:** The player substitution process during all stoppages where the visiting team must immediately complete any player changes within five seconds. After five seconds, the referee will raise his arm to stop any further visiting player changes. The Home Team shall then have five seconds to complete any player changes, after which the referee shall lower his arm. At this time, no further player changes may be made until play has resumed or a penalty has been assessed prior to face-off.

If the home team opts to change players during the visiting team player change, they shall not be given any extra opportunity to change players once they complete their change

**Off-Ice Official:** Off-Ice Officials are those appointed to assist in the conduct of the game and may include the official scorer, game timekeeper, penalty timekeeper and the two goal judges. The referee has general supervision of the game and full control of game officials. In case of any dispute the referee's decision shall be final.

**Penalty:** A penalty is the result of an infraction of the rules by a player or team personnel. It usually involves the removal from the game of the offending player or team personnel for a specified period of time. If the penalty is on the team in possession and control of the puck the whistle blows immediately. If the penalty is not on the team in possession of the puck, the Referee indicates a delayed penalty and does not blow the whistle until the offending team gains possession and control of the puck. In some cases the penalty may be the awarding of a penalty shot or the actual awarding of a goal.

**Possession of the Puck:** The last player or goalkeeper to make contact with the puck (puck touch). This includes a puck that is deflected off a player or any part of his equipment.

**Possession and Control of the Puck:** The player or goalkeeper that, in the opinion of the official, has control of the puck and is propelling the puck in a desired direction. A "puck touch" is not considered possession and control of the puck.

**Proper Authorities (Proper Disciplinary Authority):** The immediate governing body of the team or teams involved, except:

- (1) In USA Hockey-sanctioned tournaments and play-offs, the body shall be the Discipline Committee of the tournament or play-off.
- (2) For Junior league play, this shall be the Junior Council sanctioned league.

**Protective Equipment:** Equipment worn by players for the sole purposes of safety and protection from injury. All equipment must be manufactured for ice hockey and worn in the manner intended.

**Shorthanded:** Shorthanded means that a team is below the numerical strength of its opponents on the ice. When a goal is scored against a shorthanded team, the first non-coincidental minor or bench minor penalty (minor penalty with least amount of time remaining) terminates automatically.

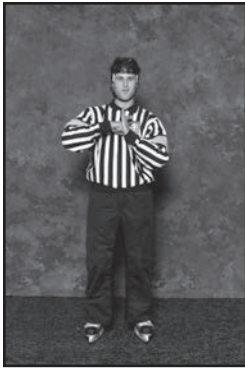
**Substitute Goalkeeper:** The substitute goalkeeper is designated on the official game scoresheet, but is not participating in the game. The substitute must be fully dressed and equipped and ready to play. A substitute goalkeeper may only participate in the game as a goalkeeper.

**Team Personnel:** Team personnel are any non-playing persons not in uniform on the players' bench. Team Personnel are any non-playing persons not in uniform on the players' bench. All such persons must be registered in the current season as a Coach with USA Hockey, and must comply with coaching education requirements for the appropriate certification level as required by the USA Hockey Coaching Education Program. One such person must be designated as the Head Coach. A player or goalkeeper on the roster who is unable to play, other than through suspension, may be on the players' bench without being considered Team Personnel if he is wearing the team jersey and all required head and face protective equipment.

**Temporary Goalkeeper:** A player not designated as a goalkeeper on the official scoresheet who assumes that position when no designated goalkeeper is able to participate in the game. He is governed by goalkeeper privileges and limitations, and must return as a "player" when a designated goalkeeper becomes available to participate in the game.

**Time-Out (Curfew Definition):** A curfew game is one in which the game must end by a certain time of day. Both teams must be notified of the curfew time prior to the start of the game.

## OFFICIAL SIGNALS



### **Boarding**

Striking the closed fist of the hand once into the open palm of the other hand.



### **Butt-Ending**

Moving the forearm, fist closed, under the forearm of the other hand held palm down.



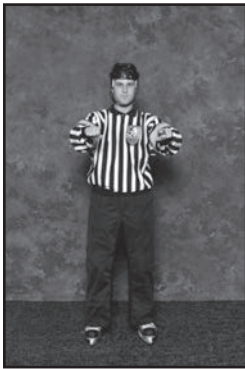
### **Charging**

Rotating clenched fists around one another in front of chest.



### **Checking from Behind**

A forward motion with both hands, palms open, extending from the chest.



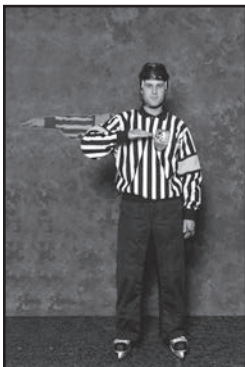
### **Cross-Checking**

A forward motion with both fists clenched extending from the chest.



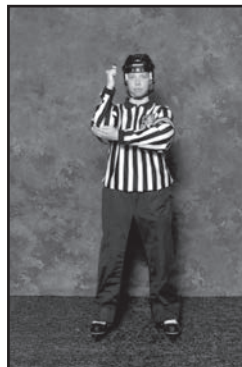
### **Delayed Calling of Penalty**

The non-whistle hand is extended straight above the head.



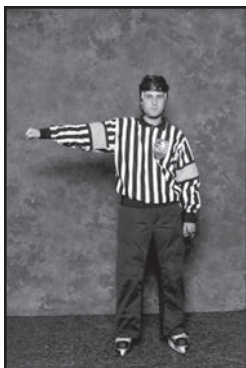
### **Delaying the Game**

The non-whistle hand, palm open, is placed across the chest and then fully extended directly in front of the body.



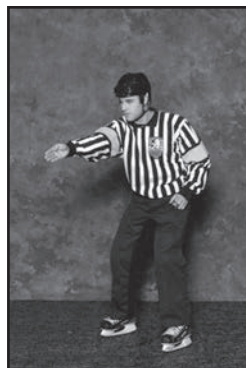
### **Elbowing**

Tapping the elbow with the opposite hand.



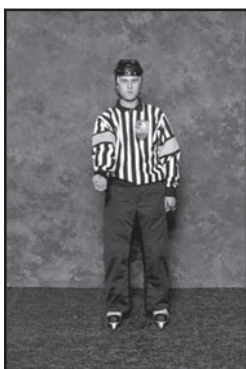
### **Fighting (Roughing)**

Once punching motion to the side with the arm extending from the shoulder.



### **Goal Scored**

A single point, with the non-whistle hand, directly at the goal in which the puck legally entered.



### **Hand Pass**

The non-whistle hand (open hand) and arm are placed straight down alongside the body and swung forward and up once in an underhand motion.



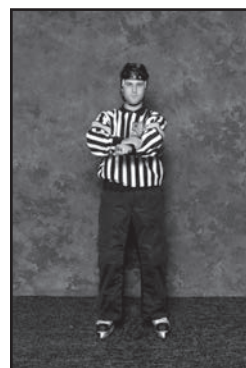
### **Head Contact**

Non-whistle hand placed palm inward on the back of the helmet.



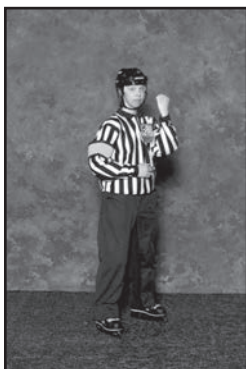
### **High-Sticking**

Holding both fists, clenched, one immediately above the other, at the side of the head.



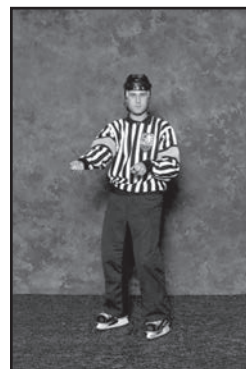
### **Holding**

Clasping the wrist of the whistle hand well in front of the chest.



### **Holding the Facemask**

Closed fist held in front of face, palm in, and pulled down in one straight motion.



### **Hooking**

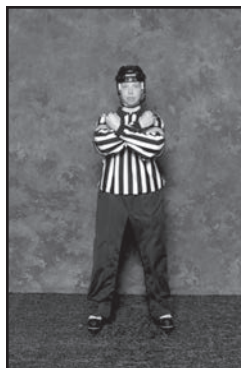
A tugging motion with both arms, as if pulling something toward the stomach.





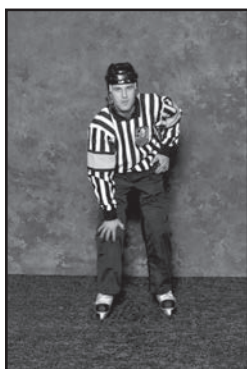
### **Icing**

When the puck is shot or deflected in such a manner as to produce a possible icing situation, the back linesman will signal to his partner by raising the non-whistle hand over his head (same as Slow Whistle). The instant that the conditions required to establish "icing the puck" have occurred, the front linesman will blow his whistle to stop play and raise his non-whistle hand (same as Slow Whistle). The back linesman will give the icing signal by folding his arms across the chest.



### **Interference**

Crossed arms stationary in front of chest with fists closed.



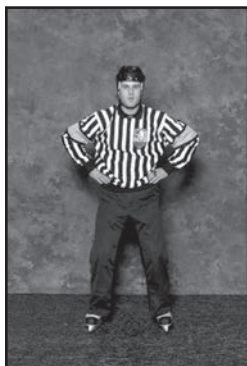
### **Kneeing**

A single tap of the right knee with the right hand, keeping both skates on the ice.



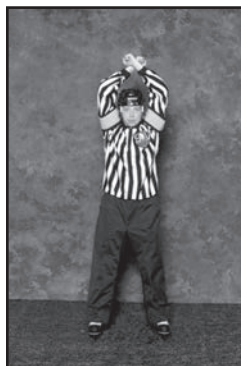
### **Match Penalty**

Pat flat of hand on the top of the head.



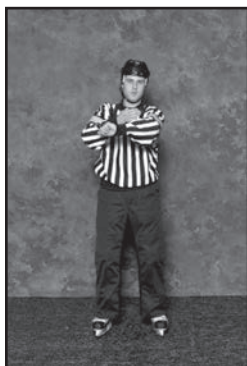
### **Misconduct**

Placing of both hands on hips one time.



### **Penalty Shot**

Arms crossed (fists clenched) above head.



### **Slashing**

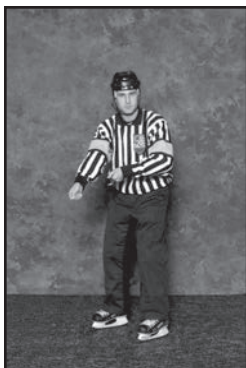
One chop of the hand across the straightened forearm of the other hand.



### **Delayed (Slow) Whistle**

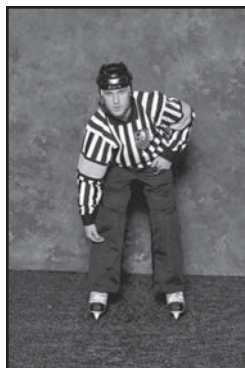
(Blue-Line Off-Sides) The non-whistle hand is extended straight above head. If play returns to Neutral Zone without stoppage, the arm is drawn down the instant the puck crosses the line, or as soon as the offending team clears the zone.





### **Spearing**

A single jabbing motion with both hands together, thrust forward from in front of the chest, then dropping hands to the side.



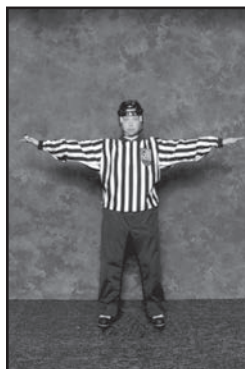
### **Tripping/Clipping/ Leg Checking**

Strike the side of the knee and follow through once, keeping the head up and both skates on the ice.



### **Time-Out and Unsportsmanlike Conduct**

Use both hands to form a "T."



### **"Wash-Out"**

Both arms are swung laterally across the body at shoulder level with palms down.

1. When used by the Referee, it means no goal or violation so play shall continue.
2. When used by Linesmen, it means there is no icing, off-side, or high-sticking violation.



## SECTION ONE

# THE RINK

**NOTE:**

Within this text, the words “he,” “him” and “his” are used to include both male and female participants.



## Rule 101. Rink

**(Note)** This section of the rulebook refers to guidelines for an ice hockey rink as recommended by USA Hockey. For more precise dimensions and facility requirements see the Official Rink Diagrams included in this rulebook or contact the United States Ice Rink Association (formerly, Serving The American Rinks).

- (a) The game of “Ice Hockey” shall be played on an ice surface, recommended to be white in color, known as the “RINK.”

## Rule 102. Dimensions of Rink

- (a) The recommended dimensions of the “RINK” shall be one hundred eighty-five (185’) to two hundred feet (200’) long, and eighty-five (85’) to one hundred feet (100’) wide. The corners shall be uniformly rounded in the arc of a circle.

For regional playoffs and national championships the ice surface dimensions shall be no less than one hundred eighty-five feet (185’) by eighty-five feet (85’) wide.

- (b) The rink shall be enclosed by a framed enclosure known as the “BOARDS.” The boards shall be constructed in such a manner that the surface facing the ice shall be smooth and free of any obstruction. All doors giving access to the rink must swing away from the rink. The bottom of the boards that contacts the rink shall be known as the “KICKPLATE,” and shall be a contrasting color to the rink.
- (c) It is recommended that the entire rink, including players and penalty benches, be enclosed by a clear and colorless material, known as “SHIELDING.” The shielding is shall extend from the top of the boards to separate the rink from spectators.
- (d) It is also strongly recommended that the rink, including players and penalty benches, be enclosed by protective netting, known as “SPECTATOR NETTING.” The spectator netting shall extend from the top of the shielding toward the ceiling.

## Rule 103. Division of Ice Surface

- (a) A “GOAL LINE” shall be placed 11 feet (11’) from the inside facing of the end boards. The goal lines shall be parallel to the end boards and extend across the width of the ice and extend vertically up the entire height of the side boards. The goal lines shall be red in color and two inches (2”) wide.

Optional cross-ice goal lines may be placed in each of the three zones for cross-ice hockey play. These goal lines shall be placed at the center point of each zone, parallel to the side boards, and shall not interfere with other ice hockey markings.

- (b) A “GOAL CREASE” area shall be marked out at the center point of each goal line. The goal crease areas shall be outlined by a two inch (2”) wide, red in color, semi-circle line. The radius of the semi-circle shall be six feet (6’), and measured from the back of the goal line.

Additionally, two (2) lines, two inches (2”) wide and red in color shall be marked four feet (4’) on both sides of the center of the goal line, extending from the goal line to the edge of the semi-circle line. These lines shall be perpendicular to the goal line and the area inside these lines shall be marked light blue in color. The area, outside of these lines and the space enclosed by the goal line and the base of the goal frame, shall be white in color.

Optional cross-ice goal crease areas may be marked in front of each cross-ice goal line for cross-ice hockey. These creases shall not interfere with other ice hockey markings.

- (c) The ice surface between the two (2) goal lines shall be divided into three (3) areas by lines, known as the “BLUE LINES.” The blue lines shall be twelve inches (12”) wide and dark blue in color. The neutral zone side of the blue lines shall be sixty-four feet (64’) from the back of the goal lines. The blue lines shall extend across the width of the rink, parallel with the goal lines and extend vertically up the entire height of the side boards.

These three (3) areas shall be identified as the “DEFENDING ZONE” (the area in which the goal each team defends is placed), the “NEUTRAL ZONE” (the center area between the blue lines) and the “ATTACKING ZONE” (the area farthest from the defending goal). The blue line shall be considered part of the zone that the puck is in.

- (d) The ice surface shall be divided exactly in half by a line, known as the “CENTER LINE.” The center line shall be twelve inches (12”) wide and red in color. The center line shall extend across the width of the rink, parallel

with the blue lines and goal lines, and extend vertically up the entire height of the side boards. The center line shall not be interrupted by the face-off circle, or in-ice logos.

- (e) There shall be no markings on the ice except as provided under these rules without the expressed written permission of the League. On-ice logos and advertised marks must not interfere with any official game markings, and must conform to League policy.

For violation of this rule, the league shall give written notice to conform. Failure to conform within 10 days of said notice may result in a team fine not to exceed two hundred dollars (\$200) per game in violation.

#### **Rule 104. Face-Off Spots and Face-Off Circles**

- (a) A circular “FACE-OFF SPOT,” twelve inches (12”) in diameter and dark blue in color, shall be marked over the center line, exactly at the center of the rink.
- (b) A “FACE-OFF CIRCLE,” thirty feet (30’) in diameter, using the center of the face-off spot as the center point, two inches (2”) wide and dark blue in color shall be marked. This face-off circle shall not interrupt the center line.
- (c) Four (4) circular “FACE-OFF SPOTS,” twenty-four inches (24”) in diameter, and red in color, shall be marked in the Neutral Zone. One pair of these face-off spots shall be marked on each side of an imaginary line extending from the center of one goal line to the center of the other goal line. The face-off spots shall be placed twenty-two feet (22’) from the imaginary line, and five feet (5’) from the neutral zone side of the blue lines.
- (d) Two (2) circular “FACE-OFF SPOTS,” twenty-four inches (24”) in diameter, and red in color, shall be marked in the attacking zone and defending zone. These four (4) face-off spots shall be placed twenty-two feet (22’) from the imaginary line, and twenty feet (20’) from the back of the goal lines.
- (e) Additionally, two (2) “FACE-OFF CIRCLES,” thirty feet (30’) in diameter, using the center of the face-off spot as the center point, two inches (2”) wide and red in color shall be marked in both the attacking zone and defending zone.

The outside of these face-off circles shall contain two (2) pairs of “HASH MARKS.” The hash marks shall be two feet (2’) long, two inches (2”) wide, four feet (4’) apart, red in color, and marked on either side of the face-off circles parallel to the goal line.

The inside of these four (4) face-off circles shall also contain four (4) “L” shaped markings surrounding the face-off spot, known as “PLAYER RESTRAINT LINES.” The player restraint lines shall be two inches (2”) wide, red in color, and four feet (4’) by three feet (3’) long.

- (f) A semi-circle line located in front of the scorekeeper box shall be known as the “REFEREE’S CREASE.” The referee’s crease area shall be outlined by a two inch (2”) wide, semi-circle line red in color. The radius of the semi-circle shall be ten feet (10’), measured from the center of the scorekeeper box at the kickplate.

#### **Rule 105. Goals**

- (a) The goal frame should be of approved design and material and shall extend 4 feet (4’) high from the ice surface and 6 feet (6’) wide when measured from the inside of the goal frame. The frame shall be painted red in color, and all other frame support structure shall be painted white.

A net of approved design and material, shall be white in color, and attached to each goal frame and support structure in a manner in which to prevent the puck from going completely through the frame. It is recommended that each goal have a protective padding placed around the bottom of the net. This padding will end no less than six inches (6”) from each post so that it does not prevent the puck from completely crossing the goal line. Additionally, it is recommended that a clear “skirting” be attached at the base of the net on the backside to prevent the net from being cut or broken. This “skirting” shall not extend up more than one inch (1”) above the base of the net.

- (b) A goal shall be placed at the center of the goal line. The goal frame shall be set in a manner to remain stationary during the progress of the game. If applicable, the goal shall be anchored in a manner that would permit the goal posts to become dislodged when hit by a reasonable degree of force created by a player colliding with it. It is recommended that the flexible peg (10 inches in length) type goal anchor be used for all games, but is required for all National Tournament games.



#### **Rule 106. Players' Bench**

- (a) Each rink shall have a home team and a visiting team players' bench area. Players' benches shall be separated by a divider. Players' benches should include seating and doors that are uniform for both teams. All doors giving access to the rink must swing away from the rink.

#### **Rule 107. Penalty Bench**

- (a) Each rink shall have a home team and a visiting team penalty bench area. Penalty benches shall be separated by a divider. Penalty benches will include seating and doors that are uniform for both teams. All doors giving access to the rink must swing away from the rink.

#### **Rule 108. Signal and Timing Devices**

- (a) Each rink shall have a timing device for use by Timekeepers to accurately document and inform all parties as to game time, penalty time, and goals scored.
- (b) Each rink shall have a siren or other suitable sound device for use by Timekeepers to signal the end of a period.
- (c) For games where goal judges are used, a signaling device known as a "GOAL LIGHT" shall be placed behind each goal, outside of the boards. Goal lights shall include a red light that can be turned on/off by the goal judge to signal a goal has been scored.
- (d) All arenas must be equipped with an operational red/green automatic lighting system behind each goal. Failure to do so may result in a team fine of up to two hundred (\$200) per game. A red light will indicate a goal has been scored and a green light will signal the end of a period.

The red light shall be connected to the timing device in such a manner so that when the period ends it will not be possible for the Goal Judge to turn it on. However, the fact that the Goal Judge may not be able to turn on the red light does not necessarily mean that no goal has been scored. The determining factor is whether or not the puck completely crosses the entire goal line before the period ends.

#### **Rule 109. Security Protection**

- (a) All home teams shall provide adequate security for all players (including a secure area for non-dressed visiting team personnel) and officials at all times. Failure to provide adequate security may result in a team fine of up to two thousand dollars (\$2000). The Referee shall include any observed or reported failure to provide adequate protection in their game report following the game.

#### **Rule 110. Dressing Room Protocol**

- (a) The home team is responsible for providing access to adequate and secure dressing rooms (with shower facilities) to the visiting team and to the on-ice officials not less than two hours prior to the start of the game.





SECTION TWO  
**TEAMS**



### **Rule 201. Composition of Teams**

- (a) A team must start a game with a minimum of six players. Any time that a team has been reduced to less than four players, the game shall be declared a forfeit.

A maximum of 18 players, plus not more than two goalkeepers, shall be permitted to play in the game. All teams must dress a minimum of 11 competitors (one goalkeeper and 10 skaters) for all games. The only allowable exceptions to this rule are for weather problems, team sickness, and/or suspensions. Any violations of this rule are to be brought to the attention of the Discipline Committee by the opposing Team Officials and the Referee. Suspensions and/or fines may result from an infraction of this rule.

For pre-season/exhibition games, a maximum of 20 players plus two goalkeepers shall be permitted to play in a game.

- (b) Each team shall designate on the scoresheet a Head Coach and Assistant Coach prior to the start of the game. The Head Coach and Assistant Coach shall be in control of and responsible for the actions of all team personnel, including players. Failure to have a member of the coaching staff on the players' bench during warm-ups and the game shall result in a fine up to five hundred dollars (\$500) per occurrence.

A maximum of 4 Team Officials (See Glossary) may be allowed to participate in the game.

A Coach and/or Team Official shall have the responsibility to be on the players' bench during all times when players from that team are on the ice, including but not limited to pre-game warm-up during each period, and at the conclusion of the period/game, until both teams have cleared the ice, unless removed by the Referee or Discipline Committee action. Only players in uniform and properly rostered Team Officials may occupy the players' bench.

- (c) Any Team Official serving a suspension penalty may not sit near the bench of his team, nor in any way attempt to direct the play of his team.

### **Rule 202. Captain of Team**

- (a) Prior to the start of the game, each team shall designate one Captain and not more than two Alternates on the scoresheet. Only one of these designated players shall have the privilege of discussing with the Referee any questions relating to interpretation of rules that may arise during the progress of a game. No goalkeepers shall be entitled to exercise the privileges of Captain.

Each designated player should wear the letter "C" or "A", approximately three inches in height and in contrasting color, on the front of the sweater.

Any team in violation of this rule, after warning by the league, shall lose their privileges of discussing any interpretations with the game officials and be fined up to a maximum of \$25 for each game in violation.

- (b) Any Captain who comes off the bench and protests or interferes with the Officials for any purpose shall be assessed a minor penalty for unsportsmanlike conduct.

### **Rule 203. Players in Uniform**

- (a) Prior to the start of each game the Manager or Coach of each team shall list the players and goalkeepers who shall be eligible to play in the game. This list shall be provided to the Official Scorer and no change shall be permitted after the start of the game.

- (b) Each player and goalkeeper on the game roster shall wear a visible individually identifying number (only whole numbers 0-99 inclusive) that is at least ten inches in height. In addition, each player and goalkeeper shall wear numbers at least three inches in height on each sleeve and their surname, in block letters and three inches in height, on the back of their sweater at shoulder height.

All promotional/warm-up sweaters must be numbered and no sweater may be altered in a manner that would provide an unfair advantage during an altercation.

All players of each team shall be dressed uniformly with approved color and design of all visible equipment. Unless previously agreed to, the home team shall wear "light" colors while the visiting team shall wear "dark" colors.

Failure to do so may result in a fine of up to fifty dollars (\$50) per occurrence, per player per game. Teams shall have 10 days to be in compliance with this rule once a player is added to the active roster.

Only League authorized logo/marks may be displayed on the players' uniforms and/or equipment. Any player or goalkeeper not complying with this rule shall be ordered off the ice surface by the Referee at the first stoppage of play, and shall not be permitted to return until he complies with the rule. Any unauthorized logo/mark must be covered to be considered in compliance. Should the player return to the ice and not be in compliance, his team may be fined up to five hundred dollars (\$500) per occurrence per player.

- (c) Each team shall be allowed one goalkeeper on the ice at any time during the game. It is required that each team shall have a substitute goalkeeper who shall be fully dressed and equipped to play for each League game.

In the event of injury, suspension or sickness to one of the goalkeepers and no additional goalkeeper is on the Protected List or Active Roster, the League will institute emergency procedures to assure that a back-up goalkeeper is furnished for a League game. This may include the use of the opposing team's substitute goalkeeper. The emergency replacement goalkeeper may not play in a game unless the remaining goalkeeper is unable to participate due to sickness, injury or suspension.

The member club with the injured or sick goalkeeper shall have five days to add another goalkeeper to the Protected List or active roster to be able to dress two goalkeepers for subsequent games.

The application for permission to use an emergency goalkeeper shall be first submitted to their respective League and is subject to USA Hockey approval. Violations of this rule shall be reported to the USA Hockey Junior Council Liaison and the League office following the completion of the game. Should a team require an emergency goalkeeper due to suspension, they shall pay a fifty dollar (\$50) fee.

- (d) Except when all goalkeepers are incapacitated, no player on the game roster shall be permitted to wear the equipment of the goalkeeper. If a team has no designated goalkeeper who is able to continue, the team must immediately appoint a temporary goalkeeper (see Glossary) or place an additional skater on the ice who shall not have goalkeeper's privileges.

#### **Rule 204. Playing Line-Up**

- (a) Upon the Referee's signal prior to the start of a period and following any stoppage of play, the visiting team shall have five seconds to place a lineup on the ice. The home team is then provided 5 seconds to place their lineup on the ice. Once the substitutions have occurred, no additional changes may be made until play has resumed, unless a penalty has been imposed.

If there is any undue delay by either team in placing their lineup on the ice, the Referee shall warn the offending team. Any subsequent delay by the same team will result in a minor penalty for delay of game. (Also see Rule 632, Refusing to Start Play).

- (b) The Manager or Coach of the visiting team shall designate a starting line-up to the Official Scorer not less than 20 minutes prior to the start of the game. The Official Scorer shall advise the Manager or Coach of the home team the names of the designated starting line-up for the visiting team. The home team shall then designate their starting line-up and this information shall be presented to the visiting team Manager or Coach prior to the start of the game by the Official Scorer.

No change to the starting line-up or playing line-up on the ice shall be made until the game is actually in progress unless a penalty is assessed, prior to the start of the game, which affects the on-ice numerical strength of either team or unless reviewed and approved by the Referee prior to the start of the game.

For an infraction of this rule, a bench minor penalty shall be imposed upon the offending team, provided such violation is called to the attention of the Referee before the second face-off in the first period takes place. This is an appeal play and must be brought to the Referee's attention prior to the second face-off in the game. There is no penalty to the requesting team if their appeal is unsustainable. The determining factor when considering whether or not a player or goalkeeper is listed in the starting line-up is that the player or goalkeeper's name, and not necessarily the player or goalkeeper's number, must be correctly listed. In the event that a team scores prior to the second face-off of the game, and it is brought to the attention of the Referee by the opposing team that the team that scored did not have the correct starting line-up on the ice, the goal shall be allowed and a bench minor penalty assessed to the offending team for having an improper starting line-up. If the team that scores the goal challenges the starting line-up of the opposing team and the opposing team did not have the correct starting line-up, the scoring of the goal would nullify the bench minor penalty and no further penalties would be assessed.

## Rule 205. Change of Players

- (a) Immediately following the stoppage of play, the visiting team shall have five seconds to complete any player substitutions. After the visiting player substitutions, the home team shall have five seconds to complete any player substitutions (see *Glossary – Line Change Procedure*). Once all player substitutions have been made, all players must take position for the ensuing face-off.

If there is any undue delay by either team in changing players, the Referee shall order the offending team or teams to take their face-off positions immediately and not permit any further player changes.

Both teams must place the full number of players on the ice to which they are entitled to prior to the face-off.

Once the line change procedure has been completed, no additional player substitutions shall be permitted until the face-off has been completed legally and play has resumed, except when a penalty or penalties are imposed that affect the on-ice strength of either or both teams. This may include penalties imposed following the completion of the line change and prior to the face-off, or due to a penalty assessed for a face-off violation.

- (b) Players may be changed at any time during play from the players' bench, provided that the player or players leaving the ice shall always be at the players' bench and out of the play before any change is made. If either the player entering or leaving the game deliberately plays the puck in any manner or makes physical contact with an opposing player while the retiring player is actually on the ice, or causes his team to gain a competitive advantage, then a bench minor penalty for "too many players on the ice" shall be assessed.

If, in the course of a substitution, either the player entering the play or the player retiring is struck by the puck accidentally, the play will not be stopped and no penalty shall be called.

- (c) A goalkeeper may be changed for another goalkeeper or player (who shall not have goalkeeper privileges) at any time during play provided the goalkeeper is at the bench and out of play prior to the substitute entering the ice. If the substitution is made prematurely, there shall be no time penalty assessed. However, the resulting face-off will take place at the center face-off spot unless play was stopped with the play in the offending team's defending half of the ice, in which case the face-off will take place where play was stopped, unless otherwise specified in the rules.

When a goalkeeper leaves his goal area and proceeds to his players' bench for the purpose of substitution during play, the rear Linesman shall be responsible to see that the substitution made is legal. If the substitution is made prematurely, the Linesman shall stop the play immediately unless the non-offending team has possession of the puck, in which event the stoppage will be delayed until a change of possession takes place.

- (d) A goalkeeper may be substituted for by another goalkeeper or player (who shall not have goalkeeper privileges) during a stoppage provided the change occurs within the line change procedure outlined in Rule 205(a).

When the substitute goalkeeper enters the game he will take his position without delay and no warm-up shall be permitted, except when either team uses its Time-Out under Rule 636(f). The original goalkeeper may not return to play until the next stoppage of play. For a violation, the offending team shall be assessed a bench minor penalty for illegal substitution.

- (e) During a stoppage of play a goalkeeper may not go to his players' bench without the permission of the Referee (except during time-outs) unless he is substituted for by another player or goalkeeper. For a violation of this rule a bench minor penalty for illegal substitution shall be assessed.

When a substitution for the goalkeeper has been made under paragraph (d) of this rule, the goalkeeper shall not resume his position until the next stoppage of play, except that he shall be permitted immediate re-entry into the game when any penalty is imposed.

- (f) A player serving a penalty on the penalty bench, whose penalty has expired, must proceed by way of the ice and be at his players' bench before any substitution can be made.
- (g) If there are less than two minutes remaining in regulation time or anytime during overtime and a minor or bench minor penalty is imposed for deliberate illegal substitution, such as too many players on the ice or leaving the penalty bench too soon, a penalty shot/optional minor penalty shall be assessed against the offending team.

*(Note) The intent of this rule is to award a penalty shot/optional minor only when the extra player(s) are “deliberately” put on the ice. When a substitution error is made and there are too many players on the ice, the normal bench minor penalty shall be assessed regardless of the time remaining in the game.*

## **Rule 206. Injured Players**

- (a) When a player is injured or compelled to leave the ice during a game, he may retire from the game and be replaced by a substitute under the player substitution rules.

When a player is injured and is unable to continue play or go to his bench, play shall be stopped immediately unless the opposing team is in possession of the puck, in which case play shall not be stopped until a change of possession has occurred.

In the case where it is obvious that a player has sustained a serious injury, the Referee and/or Linesman may stop the play immediately.

A player other than a goalkeeper, whose injury appears serious enough to warrant the stoppage of play, may not participate further in the game until the completion of the ensuing face-off.

- (b) If a goalkeeper sustains an injury or becomes ill he must be ready to resume play immediately or be replaced by a substitute goalkeeper. No additional time shall be allowed by the Referee for the purpose of enabling the injured or ill goalkeeper to resume his position (See also Rule 205(d)).

The substitute goalkeeper shall be subject to the rules governing goalkeepers and shall be entitled to the same privileges.

- (c) A player or goalkeeper who is obviously bleeding shall cause an immediate stoppage of play. The bleeding player shall be ruled off the ice and shall not be allowed to return to play until the bleeding has been stopped and the cut or abrasion covered. It is required that any affected equipment/uniform be properly decontaminated or exchanged.

- (d) If a penalized player has been injured he may proceed to the dressing room without the necessity of taking a seat on the penalty bench.

If the injured player receives a minor penalty, the penalized team shall place a substitute on the penalty bench immediately. If the injured player receives a major penalty, Rule 403(b) would apply and no replacement for the penalized player shall be permitted to enter the game except from the penalty bench.

The penalized player who has been injured and been replaced on the penalty bench shall not be eligible to play in the game until his penalty has expired. Should the penalized player return to the game before his penalty has expired, he shall replace the substitute player on the penalty bench during a stoppage of play.

For a violation of this rule a bench minor penalty for illegal substitution shall be imposed.

*(Note) No substitution on the penalty bench is required under this rule for any player(s) who have been immediately substituted on the ice under Rule 402(f)-coincidental minor penalties and/or Rule 403(c)-coincidental major penalties.*





## SECTION THREE **EQUIPMENT**



### Rule 301. Sticks

- (a) The sticks shall be made of wood or other material approved by the Rules Committee, and must not have any projections. All edges of the blade shall be beveled. The end of a hollow shaft must be fully covered. Adhesive tape of any color may be wrapped around the stick at any place for the purpose of reinforcement or to improve control of the puck.
- (b) No stick shall exceed 63 inches in length from the heel to the end of the shaft. The widened portion of the goalkeeper's stick extending up the shaft from the blade shall not extend more than 26 inches from the heel and shall not exceed 3 ½ inches in width.

*(Note) Requests for an exception to the length of the shaft (only) may be submitted in writing to and must be approved by the League prior to any such stick being approved for use.*

The blade of the player's stick shall not exceed 12 ½ inches in length and 3 inches in width. The width of the blade shall be a minimum of 2 inches at any point measured along the blade.

The blade of the goalkeeper's stick shall not exceed 15 ½ inches in width from the heel to the end. The blade of the goalkeeper's stick shall be between 2 inches and 3 ½ inches wide except at the heel where the maximum width shall be 4 ½ inches.

The curvature of the blade, measured in such a way that a straight line drawn from the heel to the base of the toe shall not exceed ¾ inch at the point of maximum curvature.

The knob at the end of the shaft of a goalkeeper's stick must be made of tape or other approved material that is light in color. For a violation, the stick will be deemed unfit for play and must be replaced.

- (c) A minor penalty for an equipment violation shall be assessed to any player or goalkeeper who uses a stick not conforming to the provisions of this rule.

*(Note) When a request for measurement is made by the Captain of a team against the dimensions of any stick, the Referee shall make the necessary measurement immediately.*

If the complaint is not sustained, a bench minor penalty for delay of game shall be assessed to the team requesting the measurement.

If a goal is scored with an illegal stick, the proper penalty shall be assessed and the goal shall be allowed.

- (d) A minor penalty for unsportsmanlike conduct plus a misconduct penalty shall be assessed to any player who refuses to surrender his stick for measurement when requested to do so by the Referee.
- (e) A minor penalty for an equipment violation shall be assessed to a player or goalkeeper who participates in the play while he is in possession of more than one stick, except that no penalty shall be assessed to a player who is accidentally struck by the puck while he is carrying a replacement stick to a teammate.

### Rule 302. Skates

- (a) All participants must wear hockey skates of a design approved by the Rules Committee. The use of speed skates, figure skates or any skate so designed that it may cause injury is prohibited.

When the Referee becomes aware that any player is wearing skates that are not designed for hockey and are deemed to be unsafe, he shall order that player off the ice immediately and such player shall not be permitted to participate further in the game until the skates are replaced.

- (b) No additional equipment or contrivance shall be attached to the skates of any player or goalkeeper.

### Rule 303. Goalkeeper's Equipment

- (a) With the exception of skates and stick, all the equipment worn by the goalkeeper must be constructed solely for the purpose of protecting the head or body, and he must not wear any garment or use any contrivance that would give him undue assistance in keeping goal.
- (b) It is compulsory for all goalkeepers to wear helmets and full facemasks. Hanging throat/neck laceration protectors are recommended. No form fitted facemasks shall be permitted, with the following exception:

USA Hockey strongly recommends that all goalkeepers wear HECC approved headgear. However, any such goalkeeper, having reached the age of majority and having signed the proper waiver, shall be permitted to wear a full mask of his/her choice or a form fitted facemask with a frontal wire insert, providing such mask

includes a back skull plate in lieu of a HECC-approved helmet. The signed waiver must be made available to Game Officials prior to each game, upon request. In addition, a copy of the signed waiver must be filed with the USA Hockey Junior Liaison prior to the start of the regular season.

- (c) **Gloves** - The dimensions of the goalkeeper's blocker glove shall not exceed 8 inches in width or 15 inches in length.

The cuff of the catching glove shall not exceed 8 inches in width. The circumference of the glove shall not exceed 45 inches. The catching portion of the glove (measured from the heel – the point where the cuff meets the glove – to the top of the “T” trap and following the contour of the glove) must not exceed 18 inches.

*(Note) Any bar or attachment (cheater bar) between the cuff and the thumb shall only extend from the cuff to the thumb in a straight line. Any additional lacing, webbing or other material attached to the glove shall deem the equipment illegal.*

- (d) **Leg Pads** - The leg guards worn by goalkeepers shall not exceed 11 inches in extreme width and 38 inches in length. The boot channel of the goalkeeper pad must be flat or concave in appearance with no additional attachments such as a puck foil. The boot is the bottom of the pad that sits over the top of the skate. Calf protectors must follow the contour of the calf and ankle and can have a thickness of no greater than 1 ½ inches.

The knee strap pad is not to exceed 1 ½ inches in thickness and must be fastened to the inner risers and follow the contour of the inner knee.

All thigh pads must follow the contour of the leg, or placed under the pant, and the maximum width of the thigh pad across the front of the leg is 10 inches.

- (e) **Pants** - No internal, external or cheater padding is permitted on the pant leg or waist beyond what is required to provide protection (no outside or inside ridges). Abdominal aprons extending down the front of the thighs on the outside of the pants are prohibited.
- (f) **Chest/Shoulder Protection** - No raised ridges are allowed on the front edges or sides of the chest pad, the inside or outside of the arms, or across the shoulders.

Layering at the elbow is permitted to add protection but not to add stopping area. This layering, both across the front and down the sides to protect the point of the elbow shall not exceed 7 inches.

Shoulder cap protectors must follow the contour of the shoulder cap without becoming a projection/extension beyond or above the shoulder or shoulder cap. This contoured padding must not be more than 1 inch in thickness beyond the top ridge of the shoulder and shoulder cap.

On each side, the shoulder clavicle protectors are not to exceed 7 inches in width and their maximum thickness is to be 1 inch. This protection is not to extend or project above or beyond the shoulder or shoulder cap nor extend beyond the armpit. No insert is allowed between the shoulder clavicle protector and the chest pad that would elevate the shoulder clavicle protector.

If when the goalkeeper assumes the normal crouch position, the shoulder and/or shoulder cap protection is pushed above the contour of the shoulder, the chest pad will be considered illegal.

- (g) A minor penalty for an equipment violation shall be assessed to any goalkeeper using illegal equipment in a game.

*(Note) When a request for measurement (other than a stick) is made by the Captain of a team against any dimensions of goalkeeper equipment, the Referee shall make the necessary measurement at the end of the first or second period or immediately during the third period.*

If the challenge is not sustained, a bench minor penalty for delay of game shall be assessed to the team requesting the measurement.

#### **Rule 304. Protective Equipment**

***(Note) Not all protective equipment is mandatory in all age classifications. However, USA Hockey strongly recommends that all players and goalkeepers in all age classifications properly wear an internal mouthpiece, a HECC-approved helmet and a HECC-approved full facemask for all games and practices.***

- (a) Each participant, and the team, is personally responsible to wear protective equipment for all games, warm-ups and practices. Such equipment should include gloves, shin pads, shoulder pads, elbow pads, hip pads or padded hockey pants, protective cup, tendon pads plus all head protective equipment as required by USA Hockey rules. It is recommended that all protective equipment be designed specifically for ice hockey.

- (b) All protective equipment, except gloves, padded hockey pants, helmet/facemask and goalkeeper's leg guards, must be worn under the uniform.

For violation of this rule after a warning by the Referee, a minor penalty for an equipment violation shall be imposed.

*(Note) Players, including goalkeepers, violating this rule shall not be permitted to participate in the game until such equipment has been corrected or removed.*

- (c) All players, including goalkeepers, are required to properly wear a HECC-approved helmet as designed by the manufacturer and with no alterations and chin strap properly fastened.

*(Note) HECC certification includes an expiration date on the sticker and a helmet that has an expiration date that has expired is no longer considered certified. The player may not wear a helmet that does not have a valid and current certification sticker.*

All players on the players' and the penalty bench must wear the protective helmet/facemask while in the bench area. For a violation of this rule, after a warning by the Referee, a misconduct penalty for an equipment violation shall be assessed to the offending player.

*(Note) All players and officials must have their helmet and chin strap fastened at all times when on the ice. The only exception to this is when players and officials are on the ice and stationary for the playing of any national anthems or moments of silence. For violation of this note the officials shall make a report to the league and a fine of \$25 per player per incident shall be assessed to the team.*

- (d) All players, including goalkeepers, are required to wear a facemask certified by HECC, plus any chin protection that accompanies the facemask. All half shield and full facemasks must be clear in color (non-tinted).

*(Note 1) Any player, having reached the age of majority, shall be permitted to sign the proper waiver and wear a HECC-approved half facemask shield. The face shield must be worn in the manner intended at all times. However, USA Hockey strongly recommends all players to wear full facial protection.*

*(Note 2) Any helmet or facemask that is altered except as permitted in Rule 304(d Note 1) shall be deemed to be illegal equipment and shall not be allowed to be used in a game. The player, or such equipment, shall be removed from the game until corrected. (This shall include helmets from which a part has been cut or removed, facemasks from which the chin-cup has been removed or any other such alterations from the original manufacturing specifications).*

- (e) A player, excluding the goalkeeper, whose helmet/facemask comes off during play must immediately leave the ice surface and may not return to play unless he is able to properly put his helmet back on with the chin strap fastened. Should the referee feel that the player who has lost his helmet is in a vulnerable position and allowing play to continue might lead to an injury of the player with no helmet, the referee must stop play immediately. If play is stopped for this reason, the face-off shall take place at the nearest allowable location (last play).

If the goalkeeper's helmet/facemask comes off during play, the play shall be stopped immediately regardless of any imminent scoring opportunity. A minor penalty shall be assessed to any goalkeeper who purposely removes his helmet/facemask during play unless in the course of a breakaway in which case a Penalty Shot/Optional Minor shall be awarded.

- (f) All players, including goalkeepers, are required to wear a colored (non-clear) internal mouthpiece that covers all the remaining teeth of one jaw, customarily the upper. It is strongly recommended that all players wear a mouthpiece form fitted by a dentist.

For a violation of this rule a misconduct penalty shall be imposed. A game ejection penalty shall be assessed for a subsequent violation by the same player or goalkeeper in the same game.

If the Captain of a team requests that a mouthpiece be checked on a player of the opposing team and the challenge is not sustained, a bench minor penalty for delay of game shall be imposed on the team requesting such check.

- (g) All players must wear the required, or recommended, protective equipment in the manner for which it is designed.

For violation of this rule, following a team warning, a misconduct penalty for an equipment violation shall be imposed.

- (h) If the goalkeeper loses either his glove or blocker, play shall be immediately stopped unless the opposing team has an imminent and immediate scoring opportunity in which case play shall be allowed to continue until the scoring opportunity has passed.

A minor penalty shall be assessed to any goalkeeper who purposely removes either of his gloves during play unless in the course of a breakaway in which case a Penalty Shot/Optional Minor shall be awarded.

#### **Rule 305. Dangerous Equipment**

- (a) The use of pads or protectors made of metal, or of any other material likely to cause injury to a player, is prohibited. The wearing of casts or splints made of hard or unyielding materials is prohibited, even if padded, unless directed in writing by a licensed medical physician. Such casts or splints must be covered on all exterior surfaces with no less than ½ inch thick, high-density, closed-cell polyurethane or an alternate material of the same minimum thickness and similar physical properties to protect from injury.
- (b) A glove from which all or part of the palm has been removed or cut to permit the use of the bare hand shall be considered illegal equipment. A misconduct penalty shall be assessed to any player wearing such a glove in play.

Any player wearing tape or any other material on his hands who cuts or injures an opponent during an altercation shall receive a match penalty under Rule 602.

- (c) All elbow pads which do not have a soft protective outer covering of sponge rubber or similar material at least one half (1/2) inch thick shall be considered dangerous equipment.
- (d) No player or goalkeeper shall be permitted on the ice while wearing jewelry unless it is completely covered by equipment or taped to the body.

#### **Rule 306. Puck**

- (a) The puck shall be made of vulcanized rubber or other approved material, one inch thick and three inches in diameter and shall weigh between 5 ½ ounces and 6 ounces and be black in color.
- (b) The home team shall be responsible for providing an adequate supply of official pucks which shall be kept frozen. This supply of pucks shall be kept at the penalty bench under the control of one of the Off-Ice Officials.

#### **Rule 307. Equipment Measurement**

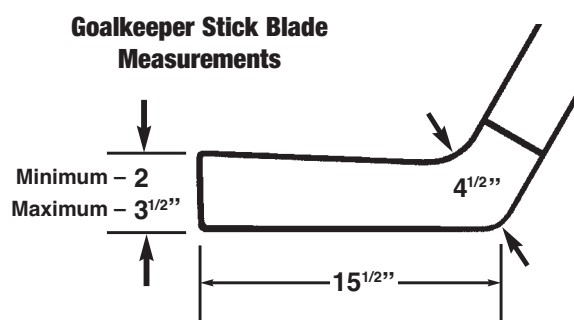
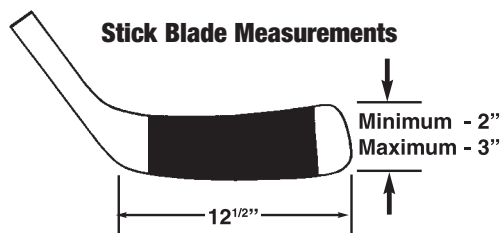
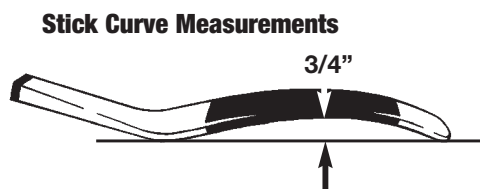
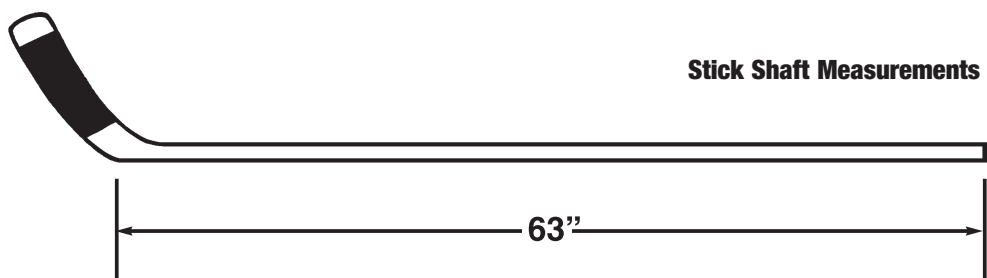
- (a) A request for measurement of any equipment covered by this section shall be limited to one request by each team during the course of any stoppage of play.
- (b) The Referee may, at his own discretion, measure any equipment, other than a stick, used for the first time in the game.
- (c) The Referee shall assess a bench minor penalty for delay of game against a team that requests any measurement (including mouthpiece) if the measurement verifies that the equipment is legal.

#### **Rule 308. Electronic Devices**

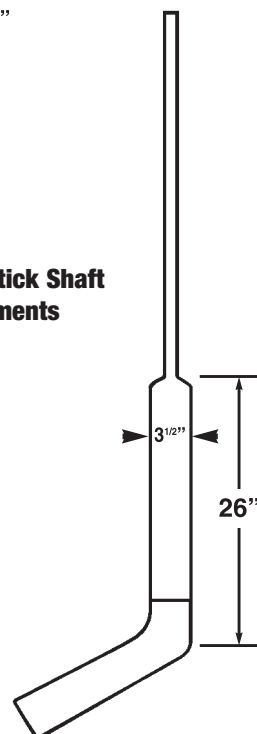
- (a) The use of one or two-way radios, lights or other electronic devices as a means for Team Officials or spectators to communicate with players or goalkeepers, during play, shall be prohibited.
- (b) No electronic device shall be used to question, challenge or dispute a game official's decision or judgment while the game is in progress.
- (c) For violation, the team will be assessed a bench minor penalty for an equipment violation.

#### **Rule 309. Adjustment to Clothing and Equipment**

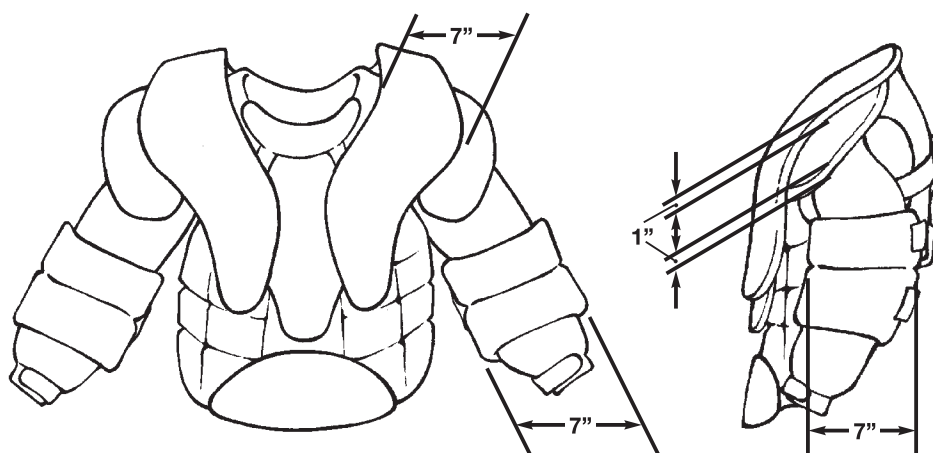
- (a) It shall be the player's responsibility to maintain clothing and equipment in proper condition. Play shall not be stopped, nor the game delayed, for the purpose of any player or goalkeeper making equipment or clothing adjustments. If adjustments are required, the player shall retire from the ice and be replaced by a substitute.
- (b) If it is necessary to adjust or repair any piece of goalkeeper equipment, the goalkeeper is required to retire from the ice and be replaced by a substitute or temporary goalkeeper (SEE GLOSSARY) immediately.
- (c) A minor penalty for delay of game shall be assessed to a player or goalkeeper who delays the game for the purpose of adjusting clothing or equipment.



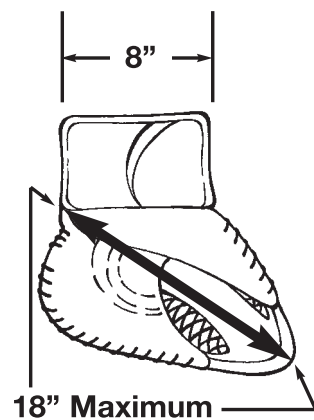
**Goalkeeper Stick Shaft Measurements**



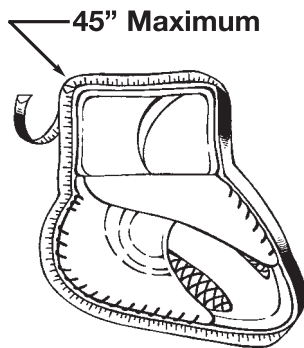
**Chest/Shoulder Protection Width/  
Thickness  
Front and Side Views**



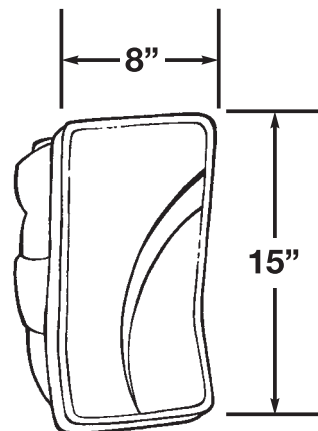
**Goalkeeper Cuff and T-Trap Measurements**



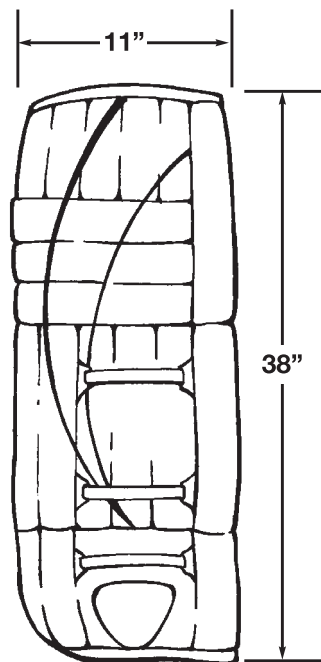
**Goalkeeper Catching Glove Circumference**



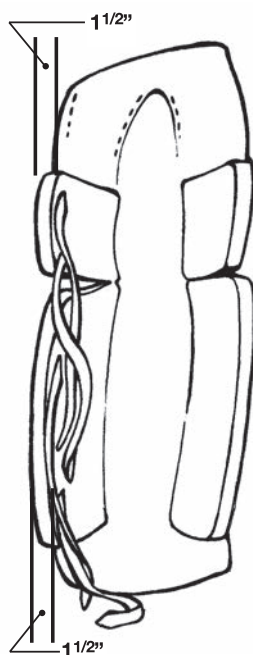
**Goalkeeper Blocker Measurements**



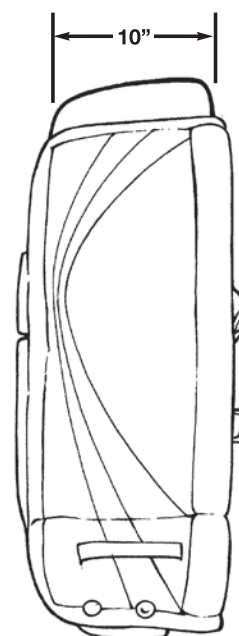
**Goalkeeper Leg Pad Measurements**



**Goalkeeper Knee/Calf Protection Thickness**



**Goalkeeper Thigh Plate Width**







SECTION FOUR  
**PENALTIES**



## Rule 401. Penalties

- (a) Penalties shall be actual playing time and shall be divided into the following classes:

- (1) Minor/Bench Minor Penalties
- (2) Major Penalties
- (3) Misconduct Penalties
- (4) Match Penalties
- (5) Penalty Shot

Where coincidental penalties are assessed to players of both teams, the penalized players of the visiting team shall take their positions on the penalty bench first in the place designated for visiting players or, where there is no special designation, then on the bench farthest from the gate.

*(Note 1) When play is not actually in progress and an offense is committed by any player or Team Official, the same penalty shall apply as though play were actually in progress.*

*(Note 2) Should a player commit multiple infractions on the same play, either before or after the Referee has stopped play, the offending player shall serve the penalties consecutively.*

- (b) During regular season play, any player who incurs a total of three misconduct penalties, other than those associated with automatic penalties, shall be suspended for the next league game of his team. For every three additional misconduct penalties assessed to the same player, the suspension shall be increased by one additional game.

During the playoffs, any player who incurs a total of three misconduct penalties, other than those associated with automatic penalties, shall be suspended for the next playoff game of his team. For every three additional misconduct penalties assessed to the same player, he shall be suspended for one game.

## Rule 402. Minor Penalties

- (a) For a “MINOR PENALTY,” any player, other than a goalkeeper, shall be ruled off the ice for two minutes during which time no substitute shall be permitted.
- (b) For a “BENCH MINOR” penalty one player shall be ruled off the ice for a period of two minutes, during which time no substitute shall be permitted. Any non-penalized player of the team who was on the ice at the time of the infraction, except the goalkeeper, may be designated to serve the penalty by the Manager or Coach through the playing Captain, and such player shall promptly take his place on the penalty bench.
- (c) If the opposing team scores a goal while a team is shorthanded (below the on ice numerical strength of its opponent at the time of the goal) by one or more minor penalties, one of such penalties shall automatically terminate. The penalty that terminates automatically is the first minor or bench minor penalty (non-coincidental) then being served by the “shorthanded” team. This rule shall not apply when a goal is scored on a penalty shot or an awarded goal.
- (d) When the minor penalties of two players of the same team terminate at the same time, the Captain of that team shall designate which player will return to the ice first.
- (e) When a player receives a major penalty and a minor penalty at the same time, the major penalty shall be served first by the penalized player. However, if the major or match penalty is assessed under the coincidental major or match penalty rules, the minor penalty will be recorded and served first.
- (f) When a single (coincidental) minor penalty is assessed to players (with no misconducts or other non-time penalties additionally) from both teams and no other penalties are visible on the playing clock, the penalized players shall take their place on the penalty bench and the teams shall play 4 on 4.

Should other penalties be visible on the clock so that the teams are not playing at equal strength when the coincidental minor penalties are assessed, the penalized players shall take their place on the penalty bench and immediate substitution will take place for an equal number of minor penalties. The penalized players shall not leave the penalty bench until the first stoppage of play following the expiration of their penalties. Additional minor penalties assessed at the same stoppage that are not considered coincidental minor penalties shall be served in the normal manner.

Coincidental minor penalties shall not be taken into account for the purpose of a delayed penalty under Rule 408 (Delayed Penalties).

### **Rule 403. Major Penalties**

- (a) For the first “MAJOR PENALTY” in any one game, any player, except the goalkeeper, shall be ruled off the ice for five minutes, during which time no substitute shall be permitted.
- (b) For the second major penalty in the same game, excluding fighting majors, to the same player or goalkeeper, that player shall be assessed a game misconduct penalty in addition to the major penalty.
- (c) When an equal number of major penalties (coincidental), are assessed to players from both teams, the penalized players shall take their place on the penalty bench and immediate substitution will take place for an equal number of major penalties. The penalized players shall not leave the penalty bench until the first stoppage of play following the expiration of their penalties.

Additional minor or major penalties assessed at the same stoppage that are not considered coincidental penalties shall be served in the normal manner.

The coincidental penalty rule shall also apply in all situations where penalties of equal duration (minor or major penalties) are assessed to both teams.

Coincidental major penalties shall not be taken into account for the purpose of a delayed penalty under Rule 408 (Delayed Penalties).

- (d) When a player is assessed a major plus misconduct or game misconduct penalty, unless immediate substitution is permitted under the coincidental major penalty Rule 403(c), the penalized team shall place a substitute player on the penalty bench before the penalty expires. No other replacement for the penalized player shall be permitted to enter the game except from the penalty bench upon expiration of the penalty.

For violation of this rule a bench minor penalty for illegal substitution shall be imposed.

### **Rule 404. Misconduct Penalties**

- (a) A “MISCONDUCT” penalty involves the removal of a player, other than a goalkeeper, from the game for a period of 10 minutes with immediate substitution taking place on ice. A player whose misconduct penalty has expired shall remain on the penalty bench until the next stoppage of play.

Unless immediate substitution is permitted under the coincidental penalty rule 402(f), when a player receives a minor plus misconduct penalty, game ejection penalty, game misconduct penalty or gross misconduct penalty at the same time, the penalized team shall immediately place an additional non-penalized player, other than a goalkeeper, on the penalty bench and such player may not be changed.

In the case where a player receives a major plus misconduct penalty, game ejection penalty, game misconduct penalty or gross misconduct penalty, unless immediate substitution is allowed under the coincidental major penalty rule 403(c), the penalized team shall place a substitute player on the penalty bench before the penalty expires. No other replacement for the penalized player shall be permitted to enter the game except from the penalty bench upon expiration of the penalty.

For violation of this rule a bench minor penalty for illegal substitution shall be imposed.

For the second misconduct penalty assessed to the same player during the same game, a game ejection penalty shall be assessed to that player in lieu of the second misconduct penalty.

- (b) A “GAME EJECTION” or “EJ” penalty involves the suspension of a player or Team Official for the balance of the game but another player is permitted to immediately replace a player so removed.

Any infraction calling for a game ejection (except those automatically assessed with a double minor penalty) that occurs during the last five minutes of the 3rd period or any time in overtime shall be assessed as a Game Misconduct in lieu of the Game Ejection.

A “GAME MISCONDUCT” penalty involves the suspension of a player or Team Official for the balance of the game with immediate substitution taking place on ice.

A player or Team Official incurring a game misconduct penalty shall be suspended for the next scheduled league game.

- (c) A “GROSS MISCONDUCT” or “GROSS MISCONDUCT II” penalty involves the suspension of a player or Team Official for the balance of the game, but another player is permitted to immediately replace a player so removed.

*(Note 1) In all cases where a game ejection, game misconduct or gross misconduct penalty is assessed, the incident shall be reported to the proper authorities who shall have full power to impose further suspensions.*

*(Note 2) For all game ejection, game misconduct or gross misconduct penalties regardless of when imposed, a total of 10 minutes shall be charged in the records against an offending player.*

A player or Team Official incurring a **Gross Misconduct I** penalty shall be suspended for the next scheduled League game and may be fined up to one thousand five hundred dollars (\$1,500).

A player or Team Official incurring a **Gross Misconduct II** penalty shall be suspended for the next three scheduled League games and may be fined up to two thousand five hundred dollars (\$2500).

In either case, said player or Team Official may be subject to further suspension following a hearing at the discretion of the proper authorities.

- (d) If any Team Official is assessed a game ejection, game misconduct or gross misconduct penalty, he may not remain near the bench of his team, nor in any way attempt to direct the play of his team for a period of 30 minutes prior to and ten minutes after the conclusion of the game.

For the violation of this rule the Team Official suspension shall be considered un-served and the team may be subject to an additional fine of up to five hundred dollars (\$500) per occurrence, plus the forfeiture of any game the Team Official is found to have violated the suspension.

#### **Rule 405. Match Penalties**

- (a) A “MATCH” penalty involves the immediate removal of a player or Team Official for the balance of the game and a five minute time penalty shall be assessed.

*(Note) For all “MATCH” penalties, regardless of when imposed, or prescribed additional penalties, a total of 10 minutes shall be charged in the records against the offending player or Team Official.*

Unless immediate substitution is permitted under the coincidental major penalty Rule 403(c), the penalized team shall place a substitute player on the penalty bench before the penalty expires. No other replacement for the penalized player shall be permitted to enter the game except from the penalty bench upon expiration of the penalty.

For violation of this rule a bench minor penalty for illegal substitution shall be imposed.

- (b) When coincidental match penalties have been imposed or when any combination of coincidental major and match penalties have been assessed to a player or players of both teams, Rule 403(c) covering coincidental major penalties will be applicable with respect to player substitutions.
- (c) A player incurring a match penalty shall be suspended for the next two League games, plus the league shall conduct a mandatory hearing where further disciplinary actions may be imposed.

*(Note) The Referee is required to report all match penalties and the surrounding circumstances to the proper authorities immediately following the game in which they occur.*

#### **Rule 406. Penalty Shot**

- (a) If the offense for which the penalty shot was awarded was such as would normally incur a minor or bench minor penalty, the non-offending team may, prior to the penalty shot, elect that the minor or bench minor penalty be assessed to the offending player or team in lieu of the penalty shot. If the penalty shot is selected, the offending team shall not be reduced in on-ice strength as a result of the infraction.

If the offense for which the penalty shot was awarded was such as would normally incur a major or match penalty, such penalty shall be imposed in addition to the penalty shot regardless as to whether a goal was scored or not. In addition, misconduct penalties will also be served in the normal manner.

- (b) In cases where a penalty shot that has been awarded where a specific player has been fouled (Rules 610(e & f), 616(a), 629(c) and 637(b)), the Referee shall designate the fouled player to take the penalty shot.

In cases where a penalty shot that has been awarded where a specific player has not been fouled (Rules 205(g), 610(e), 618(a), and 637(a)), the player selected to take the penalty shot shall be designated by the Captain of the non-offending team from the players who were on the ice at the time the infraction occurred.

If there is insufficient time remaining as a result of penalties already imposed and the minor penalty assessed to a player under this sub-section cannot be served in its entirety within the regular playing time or any time in overtime, a penalty shot shall be awarded against the offending team in lieu of the minor penalty.

If by reason of injury the player designated by the Referee to take the penalty shot is unable to do so within a reasonable time, the shot may be taken by a player selected by the Captain of the non-offending team from the players on the ice at the time the infraction occurred.

Once the player has been designated to take the shot, either by the Referee or Captain, such player may not be changed unless that player had incurred a game misconduct or match penalty prior to taking the penalty shot. In this instance, the Captain of the non-offending team shall designate a player who was on the ice at the time of the infraction to take the penalty shot.

If the player designated to take the penalty shot is assessed a minor or major penalty in connection with the play prior to taking the penalty shot, he shall first be permitted to complete the penalty shot prior to taking his place on the penalty bench.

Only a player designated as a goalkeeper, substitute goalkeeper or temporary goalkeeper (see Glossary) may defend against a penalty shot.

- (c) A "Penalty Shot" shall be taken as follows: The puck shall be placed on the center ice face-off spot and the player taking the shot will, on the instruction of the Referee (by blowing his whistle), play the puck from there and attempt to score on the goalkeeper. Once the player taking the shot has touched the puck, it must be kept in motion towards the opponent's goal line and once it is shot the play shall be considered complete. No goal can be scored on a rebound of any kind (an exception being the puck off the goal post or crossbar, then the goalkeeper and then into the goal), and any time the puck crosses the goal line, or comes to a complete stop, the shot shall be considered complete.

The lacrosse-like move whereby the puck is picked up on the blade of the stick and "whipped" into the net shall be permitted provided the puck is not raised above the height of the shoulders at any time and when released, is not carried higher than the crossbar.

The spin-o-rama type move where the player completes a 360° turn as he approaches the goal, shall not be permitted. Should a player perform such a move during the penalty shot, the shot shall be stopped by the Referee and no goal will be the result.

When an infraction occurs calling for a penalty shot during actual playing time, the shot will be taken immediately upon completion of the play (delayed whistle by the Referee). The time required to complete the penalty shot shall not be included in the regular playing time.

The goalkeeper must remain in his crease until the player taking the penalty shot has touched the puck.

If at the time a penalty shot is awarded, the goalkeeper of the penalized team has been removed from the ice to substitute another player, the goalkeeper shall be permitted to return to the ice before the penalty shot is taken.

The team against whom the penalty shot has been assessed may replace their goalkeeper to defend against the penalty shot, however, the substitute goalkeeper is required to remain in the game until the next stoppage of play.

If the game being played goes to a shoot-out teams are allowed to switch goaltenders prior to each shot provided no delay takes place while making the substitution.

While the penalty shot is being taken, players from both teams shall withdraw to the sides of the rink and in front of their respective players' bench, except the opposing goalkeeper who shall remain in his crease.

If a goal is scored from a penalty shot, the puck shall be faced-off at center ice in the usual way. If a goal is not scored, the puck shall be faced-off at either of the end zone face-off spots in the zone in which the penalty shot has been attempted.

- (d) For any violation committed by a goalkeeper during the penalty shot, the Referee shall allow the shot to be completed and if the shot fails, another penalty shot shall be awarded. Any penalties assessed will be served in the normal manner whether or not a goal is scored on the penalty shot.

If, while the penalty shot is being taken, any player of the opposing team shall have by some action interfered with or distracted the player taking the shot, and as a result the shot was failed, a second attempt shall be permitted and the Referee shall impose a misconduct penalty on the player who committed the infraction.

#### **Rule 407. Goalkeeper Penalties**

- (a) A goalkeeper shall not be sent to the penalty bench for an offense that incurs a minor, major or misconduct penalty. These penalties shall be served by another non-penalized member of his team who was on the ice when the offense was committed. The player shall be designated by the Coach of the offending team through the Captain and such substitute may not be changed.
- (b) Should a goalkeeper incur a game misconduct or a match penalty, his place will be taken by a member of his own team, or by a substitute or temporary goalkeeper who is available, and such player will be allowed the goalkeeper's full equipment.

Any time penalties assessed, including minor, major, misconduct or match penalties, shall be served by another member of the team on the ice at the time the offense was committed. The player shall be designated by the Coach of the offending team through the Captain and such substitute may not be changed.

*(Note) All penalties assessed to a goalkeeper, regardless of who serves the penalty, or any substitution, shall be charged in the records against the goalkeeper.*

- (c) If a goalkeeper deliberately participates in the play in any manner when he is beyond the center red line, a minor penalty shall be assessed.

#### **Rule 408. Delayed Penalties**

- (a) If a third player shall be penalized while two players of the same team are serving non-coincidental penalties, he shall proceed to the penalty bench immediately and may be replaced by a substitute on the ice. However, the penalty time of the third player shall not begin until the first such penalty has expired.
- (b) When either team has three players serving penalties at the same time under this rule and a substitute is on the ice to replace the third penalized player, no players may return to the ice upon expiration of their penalty except at a stoppage of play.

However, if the penalized team is entitled to have more players on the ice as a result of expired penalties, the Penalty Timekeeper shall permit the player(s) to return in the order in which their penalty has expired.

When the penalties of two players of the same team expire at the same time, the Captain shall designate which player will return to the ice first.

- (c) When a major and a minor penalty are imposed at the same time on players of the same team, the Penalty Timekeeper shall record the minor as being the first of such penalties.
- (d) Where it is required to determine which of the penalized players shall be designated to serve the delayed penalty, the penalized team shall have the right to choose provided such designation is not in conflict with Rule 402 (Minor Penalties).

*(Note) This applies to the case where the two penalties are assessed to DIFFERENT players of the same team. See also Rule 402(e) (Note), (Minor Penalties).*

#### **Rule 409. Calling of Penalties**

- (a) Should an infraction of the rules be committed by a player of the team in possession and control of the puck, the Referee shall immediately stop play and assess the penalty(s) to the offending player(s).

Should an infraction of the rules be committed by a player of a team NOT in possession and control of the puck the Referee shall signal a delayed penalty. Play will be stopped immediately when the offending team gains possession and control of the puck and the penalty(s) assessed to the offending player(s).

*(Note 1) Play is stopped when the offending team gains "possession and control" of the puck as defined in the Glossary. A rebound off of the goalkeeper or accidental contact with any opposing player is not considered to establish "possession and control."*

*(Note 2) There shall be no delayed penalty signal given by the Referee for a misconduct or game misconduct penalty under this section.*

The resulting face-off will take place at the nearest face-off location where play was stopped according to Rule 611 Face-Off Locations.



- (b) If the penalty or penalties to be imposed are minor penalties and a goal is scored on the play by the non-offending team, the first minor penalty shall be imposed and recorded but shall be deemed expired. All other penalties shall be imposed in the normal manner regardless of whether or not a goal is scored.

If the Referee signals an additional minor penalty(s) against a team that is already shorthanded (below the numerical strength of its opponent on the ice at the time of the goal) because of one or more minor or bench minor penalties, and a goal is scored by the non-offending team, the goal shall be allowed. The delayed penalty(s) shall be assessed and the first non-coincidental minor penalty already being served shall terminate automatically under Rule 402(c) (Minor Penalties).

- (c) If the Referee has signaled a delayed penalty and the puck shall enter the goal of the non-offending team as the direct result of the action of a player of that team, the goal shall be allowed and the penalty signaled shall be imposed in the normal manner.
- (d) All minor and bench minor penalties occurring after a goal has been scored, or during the stoppage of play when a penalty shot is being attempted, shall be served in the normal manner under this rule.

#### **Rule 410. Supplementary Discipline**

- (a) In addition to the suspensions imposed under these rules, the proper disciplinary authority, at its discretion and after the game has been completed, may investigate any incident that occurs in connection with any game. Any incident that occurs prior to, during, or after the game is subject to review regardless of whether the action was penalized by the Referee.

The proper disciplinary authority shall be the President/Commissioner, Referee-in-Chief and/or a League appointed person.

- (b) Suspensions imposed during a USA Hockey National Championship, must be served during that same play-off or championship. If the length of suspension carries beyond that championship, the Discipline Committee of the League shall be the sole authority in determining the eligibility of the individual(s).
- (c) In the case of a Gross Misconduct or Match penalty, the proper disciplinary authority (as defined in the Glossary) shall be required to conduct any disciplinary actions in accordance with the provisions of USA Hockey's "Resolutions of Disputes, Arbitration and Suspensions" section of the current USA Hockey Annual Guide.
- (d) A player receiving a suspension who is unable to serve any portion of the suspension at the conclusion of the season or playoffs shall serve the remainder of the suspension at the start of the following season.

If the player is no longer involved in Junior Hockey, the team must "buy-out" the suspension at the rate of \$250 for each unserved game.



SECTION FIVE  
**OFFICIALS**



## Rule 501. Appointment of Officials

- (a) Referee Systems – The three-official system (one Referee/two Linesman) and the four-official system (two Referees/two Linesman) are the only approved systems for USA Hockey sanctioned Junior games.

The League Referee-in-Chief or League appointed representative shall appoint only properly registered USA Hockey Officials to all games.

- (b) The Home team is responsible for appointing Off-Ice officials for each game. This includes a Game Timekeeper, Penalty Timekeeper, Official Scorer, and two Goal Judges. Failure to assign the proper Off-Ice officials shall result in a fine not to exceed \$50 for each unassigned official.

Off-ice officials shall not be members of either team and the Referee may designate a replacement for any off-ice official deemed to be demonstrating unprofessional conduct.

- (c) All On-Ice Officials shall wear black trousers and an official sweater with the current USA Hockey officiating crest or the league sanctioned crest on the left chest of the sweater during all games. Any other crest that is worn must be located on either arm of the sweater. The wearing of nameplates shall be regulated by each League.

Each official is required to wear a black hockey helmet, with chin strap properly fastened at all times (with the exception of during the national anthem), and a half-shield visor properly attached to their helmets.

- (d) If for any reason, the on-ice officials appointed are prevented from appearing, the Managers or Coaches of the two teams shall agree on a Referee and Linesmen. If unable to agree, they shall appoint a player from each team to serve as the Referee (Home) and Linesman (Visitor). If the regularly appointed officials appear during the progress of the game, they shall immediately replace the temporary officials.

If one of the officials (three-official system) is unable to participate or finish the game, the Referee has the authority to appoint another official, if he deems necessary or requested to do so by the Manager or Coach of either of the competing teams. Otherwise the game shall continue with a Referee and a Linesman.

- (e) Should an Official accidentally leave the ice or receive an injury that incapacitates him from discharging his duties while play is in progress, the play shall be immediately stopped by an On-Ice Official.

*(Note) If an on-ice official is bleeding, the official shall seek treatment at the next stoppage of play to stop the bleeding and cover the cut or abrasion before continuing. It is required that any affected equipment/uniform be properly decontaminated or exchanged.*

## Rule 502. Referee

- (a) The “REFEREE” shall have general supervision of the game and his decision shall be final in all matters occurring before, during or after the game. The role of the official is to “enforce” the rules of the game and in doing so shall have full authority over all participants.

The Referee may not change his decision, or that of any other official, after the resumption of play following the rendering of the original decision.

- (b) The Referee should enter the ice prior to warm-ups and remain on the ice until all players have left upon the conclusion of the warm-up period. Penalties may also be assessed during the warm-up period.

All On-Ice Officials should enter the ice surface prior to the teams and remain on the ice at the conclusion of each period until all players have exited to their dressing rooms. The Referee shall order the teams on the ice at the appointed time for the beginning of a game and for the start of each period.

Prior to the start of the game, the Referee shall confirm that the required off-ice officials are in their proper position and that the timing and signaling equipment is working properly.

- (c) It shall be the Referee’s duty to impose such infractions as outlined in the rules and give the final decision in matters pertaining to disputed goals after consultation with the Linesmen and/or Goal Judges. He shall be responsible for ensuring each player is wearing the required protective equipment in its intended manner.

The Referee shall announce to the appropriate off-ice official all goals and assists legally scored as well as penalties imposed. He shall request, at the first stoppage of play, to have announced the reason for disallowing a goal in every instance when the goal light is turned on in error during play.

*(Note) A League may designate off-ice officials to award assists.*

- (d) The Referee shall see to it that players of opposing teams are separated on the penalty bench to prevent contact.
- (e) At the conclusion of the game, the Referee shall check the official scoresheet, including team rosters and players in uniform, for accuracy prior to signing.

### **Rule 503. Linesman**

- (a) The duties of the “LINESMAN” are to determine any infractions of the rules concerning off-side play at the blue lines or any violation of the “Icing the Puck” rule. He shall, when requested to do so by the Referee, give his version of any incident that may have taken place during the playing of the game.
- (b) He shall conduct face-offs at all times, except at the start of the game, at the beginning of each period and after a goal has been scored.
- (c) The Linesman shall stop play for the following situations:
  - (1) The puck goes outside the playing area (Rule 631(a)).
  - (2) The puck is interfered with by any ineligible person.
  - (3) When the puck is played with a stick above the height of the shoulder (Rule 621(c)).
  - (4) When the puck has been illegally passed with the hand (Rule 618(b)).
  - (5) When the goalpost has been displaced from its normal position.
  - (6) When in the vicinity of the goal, the puck has entered the goal and is unobserved by the Referee.
  - (7) Off-sides occurring at the face-off circles (Rule 613(d)).
  - (8) Premature substitution of the goalkeeper (Rule 205(c)).
  - (9) Injured players (206(a)).
  - (10) Interference by spectators (Rule 626(a)).
  - (11) When a goalkeeper’s helmet, glove or blocker becomes dislodged (304(e & h)).
- (d) The Linesman shall stop play and report to the Referee any infraction of the following rules:
  - (1) Too many players on the ice (Rules 205(b)).
  - (2) Articles thrown on the ice from the vicinity of the players’ or penalty bench (Rule 601(b)).
  - (3) Delaying the game by deliberately displacing the goal post (Rule 610(e)).
- (e) The Linesman shall report to the Referee at the next stoppage of play his version of any infraction of the rules that he believes constitutes a bench minor, major, match, misconduct, game misconduct, gross misconduct or penalty shot under these rules. In addition, the Linesman shall give his version of any Injury Potential Penalty (See Glossary) that occurs behind the play and is not observed by the Referee. The Referee, at his discretion, may assess a penalty for such infractions.

### **Rule 504. Goal Judge**

- (a) There shall be one “GOAL JUDGE” stationed out of play and behind each goal during the game. The area reserved for the Goal Judges shall be protected from spectators so there can be no interference with the performance of their duties.
- (b) The duty of the Goal Judge is to determine whether the puck has completely crossed the goal line between the goal posts and under the crossbar. His decision is simply “goal” or “no goal” and he shall report his version when requested to do so by the Referee.

### **Rule 505. Official Scorer**

- (a) Before the start of the game, the “OFFICIAL SCORER” shall obtain from the Manager or Coach of both teams a list of all eligible players of each team. The Official Scorer shall secure the names of the Captain and Designated Alternate(s) from the Manager or Coach of each team and will indicate each by placing the letter “C” or “A” opposite their names on the scoresheet.

He shall indicate the name of the Head Coach of each team on the scoresheet and shall obtain and record the starting line-up of each team.

- (b) The Official Scorer shall keep a record of each goal scored by indicating those player(s) who are credited with scoring the goal and any assists and have announced over the public address system. No request for changes to the officials scoring shall be considered unless they are made at or before the conclusion of the game.

He shall indicate on the scoresheet those players from each team who actually participated in the game.

He shall note on the scoresheet the time any substitute or temporary goalkeeper has entered the game and designate any goal scored when the goalkeeper has been removed from the ice.

- (c) Upon the immediate conclusion of the game, the Official Scorer shall also prepare the Official Scoresheet for signature by the Referee and forward it to the proper authorities.

#### **Rule 506. Game Timekeeper**

- (a) The “GAME TIMEKEEPER” shall signal the Referee and the competing teams for the start of the game and each succeeding period. To assist in assuring the prompt return to the ice of the teams and On-Ice Officials, the Game Timekeeper shall give a preliminary warning three minutes prior to the resumption of play in each period.

If the rink is not equipped with an automatic horn, or if such device fails to function, the Game Timekeeper shall signal the end of each period by blowing a whistle.

He shall have announced on the public address system, at the appropriate time in each period, that there is one minute remaining to be played in the period.

- (b) The Game Timekeeper shall note the time and then notify the Referee of a malfunction of the clock, or any other equipment, during the next normal stoppage of play. In the event of any dispute regarding time, the matter shall be referred to the Referee for adjustment and his decision shall be final.

#### **Rule 507. Penalty Timekeeper**

- (a) The duties of the “PENALTY TIMEKEEPER” include maintaining a record, on the official forms provided, of all penalties imposed including the names/numbers of the players penalized, the infraction assessed, the duration of each penalty and the time at which the penalty was assessed.

He shall report in the Penalty Record each penalty shot awarded, including the infraction and the name of the offending player, the name of the player taking the shot and the result of the shot.

- (b) The Penalty Timekeeper shall check and ensure that the time served by all penalized players is correct. He shall be responsible for the correct posting of all penalties on the scoreboard and shall promptly call to the attention of the Referee any discrepancy between the time recorded on the clock and the official correct penalty time. He shall, upon request, give a penalized player correct information as to the unexpired time of his penalty.

*(Note 1) The infraction of the rules for which each penalty has been imposed will be announced twice over the public address system as reported by the Referee. Where players of both teams are penalized on the same play, the penalty to the visiting player will be announced first.*

*(Note 2) Misconduct penalties and coincidental minor or major penalties should not be recorded on the timing device, but such penalized players should be alerted and released at the first stoppage of play following the expiration of their penalties.*

- (c) Only penalized players and off-ice official(s) are permitted to occupy the penalty bench. Play shall not continue until any unauthorized persons have been removed.

#### **Rule 508. Proper Authorities**

- (a) The term “proper authorities” or “proper disciplinary authority” as applied under these rules is defined as the governing body of the team or teams involved.
- (b) Original jurisdiction in any hearing resulting from a gross misconduct penalty assessed under Rule 601(f.1) (Physical Assault of Officials) shall reside with the Junior Council sanctioned league.

Original jurisdiction in any hearing resulting from a gross misconduct penalty assessed under Rule 601(f.2) and 601(f.3) shall reside with the Proper Authorities of the appropriate team.







SECTION SIX  
**PLAYING RULES**



## Rule 601. Abuse of Officials and Other Misconduct

*(Note) For the enforcement of this rule, the following guidelines shall apply:*

- A bench minor penalty shall be assessed for actions that occur on or in the immediate vicinity of the player's bench (off the ice).
- A minor penalty or misconduct penalty should be assessed for actions that occur on the playing surface or in the penalty bench area.

(a) A minor penalty for unsportsmanlike conduct shall be assessed to any player who commits the following actions:

- (1) Challenges or disputes the rulings of any official.
- (2) Taunts or incites an opponent.
- (3) Creates a disturbance during the game.
- (4) Shoots the puck after the whistle, if in the opinion of the Official such shot was avoidable.
- (5) Embellishes a fall while an infraction is being committed against him (embellishment).
- (6) Attempts to draw a penalty through any exaggerated or deceiving action (diving).

A misconduct penalty shall be assessed to any player who persists in such conduct and any further dispute by the same player shall result in a game ejection and/or game misconduct penalty being assessed.

*(Note 1) If occurring after the game, the above actions shall be initially penalized as a misconduct penalty.*

*(Note 2) The penalty following the misconduct shall be a game ejection, but under this rule a player may also be assessed a game misconduct penalty along with or in lieu of a game ejection.*

(b) A bench minor penalty shall be assessed to any team who's players or team officials commit the following actions while on the player's bench:

- (1) Unsportsmanlike conduct or disputing the rulings of any official by an unidentified player or Team Official.
- (2) Using obscene, profane or abusive language to any person.
- (3) Using the name of any official in a loud or abusive manner.
- (4) Throwing any object onto the playing area during the progress of the game or during a stoppage of play.
- (5) Banging the boards with a stick or other object at anytime.
- (6) Using threatening or abusive language or gestures directed at an opponent.
- (7) Interfering in any non-physical manner with any game official, including off-ice officials, in the performance of their duties.

*(Note) If any of the above actions are committed by a player who is on the players' bench and is readily identifiable, they shall be assessed a misconduct penalty under sub-section (c) of this rule.*

(c) A misconduct penalty shall be assessed to any player who commits the following actions:

- (1) Persists in any conduct where they were previously assessed a minor penalty for unsportsmanlike conduct.
- (2) Using obscene, profane or abusive language to any person anywhere in the rink before, during or after the game.
- (3) Intentionally knocking or shooting the puck out of the reach of an official who is retrieving it during a stoppage of play.
- (4) Not proceeding directly and immediately to the penalty bench or to the dressing room, after being penalized and ordered to do so by the officials (equipment shall be delivered to him by a teammate, if necessary).
- (5) Entering or remaining in the Referee's Crease unless invited to do so.
- (6) Interfering in any non-physical manner with any Game Official including the Referee, Linesman, Timekeepers or Goal Judges in the performance of their duties.

- (d) A misconduct, game ejection or game misconduct, at the discretion of the Referee and based on severity, shall be assessed to any player who commits the following actions:
- (1) Touches or holds any official with his hand or stick.
  - (2) Attempts to continue an altercation after been ordered to stop, or resists the linesman in stopping the altercation.
  - (3) Intentionally bangs the boards or protective glass or goal frame with his stick or any other object at anytime. If done in protest of an officials' decision, an additional minor penalty for unsportsmanlike conduct shall also be assessed.
- (e) A game ejection/game misconduct penalty shall be assessed to any player or team official who is guilty of the following actions:
- (1) Persists in any course of conduct for which he has previously been assessed a misconduct penalty (player) or bench minor penalty (Team Official) or game ejection penalty (both).
  - (2) Uses an obscene gesture anywhere in the rink before, during or after the game (Game Misconduct).
  - (3) Uses language that is offensive, hateful or discriminatory in nature anywhere in the rink before, during or after the game.
  - (4) Interferes in any physical manner with any game official, including off-ice officials, in performing their duties.
  - (5) Who by way of his actions or demeanor threatens harm or threatens injury to a member of the opposing team or a Game Official.
  - (6) A player who receives their second misconduct penalty (for any rule infraction) during the same game shall be assessed a game ejection penalty in lieu of the second misconduct penalty.
- (Note) A Team Official incurring a Game Ejection penalty shall be subject to a fine not to exceed five hundred dollars (\$500). A Team Official incurring a Game Misconduct penalty shall be subject to a fine not to exceed seven hundred fifty dollars (\$750).*
- (f) A gross misconduct penalty shall be assessed to any player or team official who commits the following actions:
- (1) Deliberately inflicting physical harm, or attempting to do so, to any game official, including off-ice officials.  
*(Note) Any gross misconduct penalty assessed under this rule must be reported via written game report by the officials to the USA Hockey Junior Council Liaison and the respective League office within 48 hours.*
  - (2) Deliberately injuring, or attempting to do so, any opposing player or team official.
  - (3) Behaving in any manner that is critically detrimental to the conducting of the game, including spitting at an opponent, spectator, game or team official, or verbally threatening a Game Official, opposing Team Official or opposing player with physical harm.  
*(Note) Actual injury under (f.1 or f.2), is a Gross Misconduct II penalty. In addition, the Team Official may be subject to a fine not to exceed one thousand five hundred dollars (\$1,500) for a Gross Misconduct or two thousand five hundred dollars (\$2,500) for a Gross Misconduct II.*
- (g) The use of tobacco products or alcoholic beverages by any player or team official is prohibited in the rink area, including the bench areas and off-ice official area. A warning shall be issued by the Referee for the first offense by any participant and any subsequent violations by the same team shall result in a bench minor penalty being assessed.

## **Rule 602. Attempt to Injure/Deliberate Injury of Opponents**

- (a) A match penalty shall be assessed to any player who deliberately injures or attempts to injure any opposing player or team official.
- (b) A gross misconduct penalty shall be assessed to any team official who deliberately injures or attempts to injure any opposing player or team official.

*(Note 1) In all cases when a match penalty or gross misconduct penalty is assessed, a game report shall be filed with the proper authorities for further disciplinary action.*

*(Note 2) All incidents of attempt to injure/deliberate injury of game officials should be penalized under Rule 601 (f.1).*

### Rule 603. Boarding

*(Note) Boarding is the action where a player pushes, trips or body checks an opponent causing them to go dangerously into the boards. This includes: Accelerating through the check to a player who is in a vulnerable position, driving an opponent excessively into the boards with no focus on or intent to play the puck, or any check delivered for the purpose of punishment or intimidation that causes the opponent to go unnecessarily and excessively into the boards.*

*The onus is on the player delivering the check to avoid placing a vulnerable or defenseless opponent in danger.*

- (a) A minor or major penalty shall be assessed for boarding an opponent.

“Rolling” an opponent along the boards where he is attempting to go through too small an opening is not considered boarding.

- (b) A major penalty plus game misconduct penalty shall be assessed to any player who injures an opponent as a result of boarding.

### Rule 604. Body Checking

- (a) A body check is one in which a player checks an opponent who is in possession of the puck, by using his hip or body from the front, diagonally from the front or straight from the side.

Legitimate body checking must be done for the purpose of separating the opponent from the puck, only with the trunk of the body (hips and shoulders) and must be at or above the opponent’s hips and at or below the shoulders.

Any body check delivered to the head or neck area of an opponent or to a defenseless player or using excessive force to an opponent who is in a vulnerable position shall be penalized according to the rules.

### Rule 605. Broken Stick

*(Note) A broken stick is one that, in the opinion of the Referee, is unfit for normal play.*

- (a) Any player whose stick is broken must drop his stick prior to participating in the play. A player or goalkeeper shall be allowed reasonable time to be aware that the stick is broken. A minor penalty for an equipment violation shall be assessed for participating in play with a broken stick.
- (b) A replacement stick for any player who is no longer in possession of a stick may only be obtained from the player’s bench or from a teammate on the ice. A minor penalty for an equipment violation shall be assessed to a player who receives a replacement stick illegally, unless the team is assessed a bench minor penalty under Rule 601(b.4) throwing any object onto the playing area. In this instance, the player receiving the throw stick shall not be penalized.
- (c) A goalkeeper whose stick is broken may not go to the players’ bench for a replacement during a stoppage of play, but must receive his stick from a teammate. For an infraction of this rule a minor penalty for delay of game shall be assessed to the goalkeeper.

### Rule 606. Butt-Ending

*(Note) Butt-Ending is the action whereby a player uses the shaft of the stick, above the upper hand, to check an opposing player in any manner or jabs or attempts to jab an opposing player with this part of the stick.*

- (a) A minor plus misconduct or a major plus a game misconduct penalty shall be assessed to any player who “butt-ends” or attempts to “butt-end” an opponent.

The minor plus misconduct penalty option may only be assessed for an attempted butt-end where no contact with the opponent is made. An attempt to “butt-end” shall include all cases where a “butt-end” gesture is made regardless of whether body contact is made or not.

- (b) A match penalty for attempt to injure or deliberate injury to an opponent may also be assessed for butt-ending.

## Rule 607. Charging

*(Note) Charging is the action where a player takes more than two strides or travels an excessive distance to accelerate through a body check for the purpose of punishing the opponent. This includes: skating or leaving one's feet (jumping) into the opponent to deliver a check, accelerating through a check for the purpose of punishing the opponent, or skating a great distance for the purpose of delivering a check with excessive force.*

- (a) A minor, major or major penalty plus game misconduct shall be assessed for charging an opponent.
- (b) A major penalty plus a game misconduct penalty shall be assessed to any player who injures an opponent as a result of charging.
- (c) A minor or a major penalty shall be assessed to a player who body checks or charges a goalkeeper while the goalkeeper is within his goal crease or privileged area.

If an injury results to the goalkeeper, the Referee shall assess a major plus game misconduct penalty.

- (d) A goalkeeper is NOT "fair game" because he is outside his privileged area. A penalty for interference or charging should be called in every case where an opposing player makes unnecessary contact with a goalkeeper. Likewise, Referees should be alert to penalize goalkeepers for any infractions they commit in the vicinity of the goal.

*(Note) The goalkeeper's "Privileged Area" is an area outlined by connecting the end zone face-off spots with an imaginary line and imaginary lines from each face-off spot running perpendicular to the end boards.*

## Rule 608. Checking from Behind

*(Note) Checking from Behind occurs when a check is delivered to a player directly from behind, or diagonally from behind. The onus is on the player delivering the check to not hit from behind. This includes body checking or pushing an opponent from behind in open ice or directly into the boards or goal frame.*

- (a) A minor penalty, minor plus a misconduct penalty, or a major plus a game misconduct penalty, shall be assessed for checking from behind.
- (b) A major penalty plus game misconduct penalty shall be assessed to any player who injures an opponent or causes them to go head first into the boards or goal frame, as a result of checking from behind or who body checks or pushes an opponent from behind causing them to go head first into the boards or goal frame.
- (c) A match penalty shall be assessed for checking from behind in all instances when a player clearly checks an opponent from behind with excessive force while the opponent is in a vulnerable or defenseless position or the action was deemed to be a deliberate attempt to injure an opponent.
- (d) A player who is assessed a second major and game misconduct penalty for checking from behind in the same season shall be suspended for an additional two games. This suspension shall double in length for each additional checking from behind major and game misconduct penalty assessed to the player during the same season. This suspension is in addition to any other suspensions imposed.

## Rule 609. Cross-Checking

*(Note) Cross-Checking is the action of using the shaft of the stick between the two hands to forcefully check an opponent with no portion of the stick on the ice.*

- (a) A minor, major or major plus a game misconduct penalty shall be assessed for cross-checking an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who injures an opponent as a result of cross-checking.

## Rule 610. Delaying the Game

- (a) A minor penalty shall be assessed to any player or goalkeeper who deliberately freezes the puck along the boards or goal frame for the purpose of delaying the game.
- (b) A minor penalty shall be assessed to a goalkeeper who has an opportunity to play the puck prior to being pressured by an attacking player, but instead intentionally causes a stoppage of play.
- (c) A minor penalty shall be assessed to any player or goalkeeper who delays the game by deliberately shooting or batting the puck outside the playing area, including after a stoppage of play.

*(Note 2) When a player (non-goalkeeper) in his defending zone directly shoots the puck outside of the playing area during play, except in a location that is not protected by glass or screen, his team shall not be permitted to make any player substitutions prior to the ensuing face-off.*

- (d) A minor penalty shall be assessed to a goalkeeper who shoots the puck directly (non-deflected) outside of the playing area, except when the puck inadvertently leaves the playing area in a location that is not protected by glass or screen.
- (e) Play shall be stopped immediately when the goal frame has been displaced from its normal position. A minor penalty shall be assessed to any player (including a goalkeeper) who deliberately displaces the goal frame.

In the event that the goal post is displaced, either deliberately or accidentally, by a defending player, prior to the puck crossing the goal line between the normal position of the goalposts, the Referee may award a goal.

When the goal post has been displaced deliberately by the defending team when their goalkeeper has been removed for an extra attacker thereby preventing an impending goal by the attacking team, the Referee shall award a goal to the attacking team.

If the defending team deliberately displaces the goal frame during a breakaway (see Glossary) or deprives the attacking team of an immediate scoring opportunity, a penalty shot/optional minor penalty shall be awarded to the attacking player last in possession of the puck.

If the goal frame is deliberately displaced in the last two minutes of the game or anytime in overtime, a penalty shot/optional minor penalty shall be assessed.

*(Note 1) In order to award a goal in these situations, the goal must have been displaced by the actions (either deliberately or accidentally) of a defending player, the puck was shot (or attacking player in the act of shooting) prior to the goal being displaced and it was determined the puck would have entered the goal had the goal been in its normal position.*

*(Note 2) The goal frame is considered to be displaced if either of the posts or the back of the goal frame are not in their normal position.*

- (f) If a goalkeeper deliberately removes his helmet/facemask during a breakaway (see Glossary), a penalty shot/optional minor penalty shall be awarded.

If a goalkeeper deliberately removes his helmet/facemask during the last two minutes of the game or anytime during overtime, a penalty shot/optional minor penalty shall be assessed.

- (g) A minor penalty for delay of game shall be assessed to a goalkeeper who drops the puck into his pads or onto the goal net or deliberately piles up snow or obstacles near the goal that, in the opinion of the Referee, could prevent the scoring of a goal.
- (h) A bench minor penalty shall be assessed to any team, after warning by the Referee, that fails to place the correct number of players on the ice and commences play or that causes any delay by making additional substitutions or attempts to delay the game in any manner. This rule also applies, after a warning, when a team attempts to place players on the ice during an icing situation.

## **Rule 611. Elbowing**

*(Note) Elbowing is the use of an extended elbow as the point of contact with an opponent while delivering a check, or as a means to create separation with an opponent, and may include an attempted elbow.*

- (a) A minor, major or major plus game misconduct penalty shall be assessed for elbowing or an attempt to elbow an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who injures an opponent as the result of a foul committed by elbowing.

## **Rule 612. Face-Off Locations**

- (a) The puck shall be dropped at the center ice face-off spot at the start of each period, after a goal is scored and in situations where a premature substitution of the goalkeeper has occurred when play has been stopped on the attacking side of the center red line.
- (b) A last play face-off will take place in any instance where a stoppage of play occurs as a result of the actions of both teams or if play is stopped for any reason other than what is specified in the rules.



A last play face-off is defined as the nearest end zone or neutral zone face-off spot where the puck was last played when the game is stopped.

When the play is stopped for any reason not specifically attributable to either team while the puck is in the neutral zone, the ensuing face-off shall be conducted at the nearest face-off spot.

When a stoppage of play occurs between the end zone face-off spots and the near end of the rink calling for a last play face-off, the face-off will take place at the nearest end zone face-off spot.

- (c) When a stoppage of play occurs as the result of any action by the attacking team in the attacking zone, the ensuing face-off will take place at the nearest neutral zone face-off spot, unless the stoppage was a result of a shot going directly out of play off of the goal post or crossbar.
- (d) When a stoppage of play takes place in an end zone followed by a gathering of players, a face-off at the nearest neutral zone face-off spot shall occur if any attacking player enters the end zone further than the outer edge of the face-off circles nearest the blue line.
- (e) When a goal is disallowed as a result of the actions of the attacking team, the ensuing face-off will take place at the nearest neutral zone face-off spot, unless otherwise specified in these rules.
- (f) If the puck shall illegally enter the goal as a result of deflecting directly off an official anywhere on the ice, the resulting face-off shall take place at the nearest end zone face-off spot of the goal the puck entered.
- (g) A team causing a stoppage of play shall not gain a territorial advantage with the ensuing face-off. In this instance, the ensuing face-off shall be a last play face-off.
- (h) When a team has committed an infraction which will result in that team being shorthanded, the face-off will be conducted at an end zone face-off spot in the defending zone of the penalized team except for the following:
  - (1) When a penalty is assessed after the scoring of a goal (center-ice face off).
  - (2) When a penalty is assessed at the end or start of a period (center-ice face off).
  - (3) When the non-penalized team ices the puck, the face off should be at the nearest neutral zone spot closest to the defending zone of the team that iced the puck.
  - (4) When the stoppage is in the attacking zone of the non-penalized team and any player from the attacking team, who was outside the top of the face-off circles, skates below the top of the circles when the whistle was blown, the face-off shall be at the nearest neutral zone face-off dot to the defending zone of the offending team.
  - (5) When play is stopped because of premature goaltender substitution the ensuing face-off shall be at center ice.
- (i) If the net is dislodged accidentally by a defending player, the face-off shall be at the nearest end-zone face-off spot. The offending team shall not be allowed to change its on-ice personnel, except in the case of an injury, before the next face-off.

### **Rule 613. Face-Off Procedures**

- (a) Play shall start when one of the officials drops the puck between the sticks of two opposing players.

For face-offs occurring at a designated end zone face-off spot, the players facing-off will stand squarely facing their opponents' end of the rink and clear of the ice markings. The stick blades of both players shall be in contact with the nearest white area of the face-off spot and clear of the center red area.

For face-offs occurring at the center ice or neutral zone face-off spots, the players facing-off shall squarely face their opponent's end of the ice and stand approximately one stick length apart.

The defending player shall be the first to place his stick on the ice, except for a center ice face-off where the visiting team player shall be first to place his stick on the ice.

If either center wins a face-off by kicking the puck to a teammate or by passing/directing the puck with a glove to a teammate then play shall be stopped and the face-off shall be conducted again. The player guilty of this violation shall be ejected from the face-off.

- (b) No other player shall be allowed to enter the face-off circle or come within 15 feet of the players facing-off the puck.

All other players must position themselves behind the hash marks on the outer edge of the face-off circle or stand approximately one stick length apart from the opponent.

Excluding goalkeepers, all players shall take a stationary position on all face-offs before the puck is dropped.

- (c) At the conclusion of the line change procedure (see Rule 205(a) and Glossary), the Official conducting the face-off shall blow his whistle. This will signal each team that they have no more than five seconds to line up for the ensuing face-off. Prior to the conclusion of five seconds, the Official shall conduct a proper face-off.
- (d) If a player facing-off fails to take his proper position immediately when directed by the Official, the Official may order him replaced for that face-off by any teammate then on the ice.

If a player, other than the player facing off, fails to maintain his proper position, the center of his team shall be ejected from the face-off. The player who committed the face-off violation shall not be permitted to take the ensuing face-off in place of the ejected center.

However, a minor penalty for delay of game may be assessed to a defending player deemed to have deliberately caused a false face-off after an icing infraction.

A second violation of any of the provisions of this subsection by the same team during the same face-off shall result in a minor penalty for delay of game being assessed to the player committing the second violation.

- (e) A minor penalty for interference shall be assessed to any player facing-off who makes any physical contact with his opponent's body by means of his own body or by his stick except in the course of playing the puck after the face-off has been completed.

#### **Rule 614. Falling on Puck**

- (a) A minor penalty for delay of game shall be assessed to a player other than the goalkeeper who deliberately falls on or gathers the puck into his body, deeming the puck unplayable and causing a stoppage of play.

*(Note) Any player who drops to his knees to block a shot should not be penalized if the puck is shot under him or becomes lodged in his clothing or equipment, but the use of hands to make the puck unplayable should be penalized promptly.*

- (b) A penalty shot/optional minor penalty shall be assessed to the non-offending team when any player, except the goalkeeper, falls on the puck, gathers the puck into his body or uses the hands to hold the puck while in the goal crease. For application of this rule, the decision as to whether the puck is in the crease is made at the moment the infraction occurs.

A goal shall be awarded to the non-offending team if the goalkeeper has been removed from the ice at the time of the infraction and the action under this rule has prevented an obvious and imminent goal.

- (c) A minor penalty for delay of game shall be assessed to a goalkeeper who falls on or gathers the puck into his body and causes a stoppage of play when:
  - (1) The puck is behind the goal line and his body is entirely outside of the goal crease.
  - (2) He fails to play the puck with his stick when provided the opportunity to do so prior to being pressured by an attacking player.
  - (3) The puck is outside the boundaries of the "goalkeeper's privileged" area.
  - (4) He holds or places the puck against any part of the goal frame or boards or intentionally drops the puck on the back of the netting.

*(Note) The goalkeeper's "Privileged Area" is an area outlined by connecting the end zone face-off spots with an imaginary line and imaginary lines from each face-off spot running perpendicular to the end boards.*

#### **Rule 615. Fighting**

- (a) **For Junior A Tier I and Tier II:** A major penalty plus a misconduct penalty shall be assessed to any player who engages in a fight. A minor, double minor or major penalty plus a misconduct penalty, at the discretion of the Referee, shall be assessed to any player who, having been struck, continues the altercation by retaliating.

**For Junior A Tier III:** A major penalty plus a game ejection penalty shall be assessed to any player who engages in a fight. A minor, double minor or major penalty plus a game ejection penalty, at the discretion of the Referee, shall be assessed to any player who, having been struck, continues the altercation by retaliating.

*(Note) The referee is provided a very wide latitude in the penalties that he may impose under the rules, including Rule 601, "Abuse of Officials and Other Misconduct" in an effort to discourage fighting. This is done intentionally to enable him to differentiate between the obvious degrees of responsibility of the participants either for starting the fight or persisting in continuing the fight.*

Any player or goalkeeper who receives a major penalty for fighting with less than five minutes remaining in regulation or at any time in overtime or a shoot-out shall be assessed a game misconduct penalty which carries an automatic suspension for the next two scheduled games.

**For Junior A Tier I and Tier II:** Any player who receives a second major penalty for fighting in the same game shall be assessed a game misconduct penalty in lieu of the misconduct penalty under this section.

Any player deemed to have participated in a staged fight shall be assessed a major plus an automatic game misconduct penalty.

*(Note) A staged fight is one in which players enter the ice surface with the sole purpose of fighting and show no intention of participating in the regular flow of the game. An example of a staged fight would be one where a fight occurs immediately after the puck is dropped at a face-off.*

Any player or players who engage in a fight during a line change and prior to the ensuing face-off shall receive an automatic game misconduct penalty.

- (b) A major plus game misconduct penalty shall be assessed to any player involved in a fight off the playing surface, before, during or after the game and any player assessed a game misconduct under this section shall also be suspended for the next two games his team plays.

Any team whose players are assessed a major and game misconduct for fighting off the playing surface maybe assessed a fine of up to two thousand five hundred (\$2,500) plus two hundred fifty dollars (\$250) per player, per occurrence in addition to any other supplemental discipline that may be deemed appropriate.

Any player involved in a fight that occurs either pre- or post-game or pre- or post-period shall be assessed a game misconduct penalty and suspended for the next two games.

Any team whose players become involved in an altercation other than during the periods of the game may be fined up to two thousand five hundred dollars (\$2,500), plus up to two hundred fifty dollars (\$250) per player, per occurrence in addition to any other supplemental discipline that may be deemed appropriate.

- (c) When a fight occurs on the ice, all players (non-participants) excluding the goalkeepers, must return directly and immediately to their players' bench. Goalkeepers must remain in the vicinity of their goal crease. Should a goaltender cross their defending blue line for the purpose of joining an altercation, he will be treated as an instigator and penalized as such. The Referee shall report to the league any player who does not return to their bench when so-ordered and a fine of up to two hundred fifty (\$250) per team plus a fine of up to fifty (\$50) per player.

If any player bangs their stick during or immediately following a fight, their team shall be assessed a fine of up to one hundred (\$100) and up to fifty (\$50) per player, per occurrence following one written warning from the League per season.

- (d) An additional minor penalty plus a game misconduct penalty shall be assessed to any player who is deemed to be the instigator of a fight. This game misconduct shall be in lieu of the misconduct that is assessed for fighting.

*(Note 1) An instigator of an altercation shall be a player who is by his actions or demeanor demonstrates any or some of the following criteria: distance traveled; gloves off first; first punch thrown; menacing attitude or posture; verbal instigation or threats; conduct in retaliation to a prior game incident.*

*(Note 2) A player who is assessed an instigator penalty will have said penalty noted on his record for statistical purposes. Players who are assessed two instigator penalties in one season shall be suspended one additional game. This suspension shall increase with every two instigator penalties by one game.*

At the discretion of the referee, any player who is deemed to be an aggressor in a fight shall be assessed a game misconduct or match penalty. A match penalty shall be assessed in every instance when the aggressor is attempting to deliberately injure an opponent. This penalty shall be in addition to any other penalties assessed to the player.

*(Note) A player is deemed to be an aggressor when he clearly gains an advantage but continues throwing punches in a further attempt to inflict punishment and/or injury on his opponent who is no longer in a position*

*to defend himself. In addition, any player who by means of physical force lifts, grabs or holds an opponent and slams him to the ice shall be treated as an aggressor.*

- (e) A game misconduct penalty shall be imposed on any player who is assessed a major penalty for fighting after an original fight (Secondary Fight) has started. In addition to the game misconduct a player involved in a secondary fight under this rule will automatically be suspended for the next two games. A team whose players or goalkeepers are assessed a game misconduct under this section may be fined up to two hundred fifty (\$250) per incident and one hundred (\$100) per player.
- (f) At the referee's discretion a game misconduct penalty shall be assessed to any player or goalkeeper who is the first to intervene in any altercation already in progress regardless of the time of the infraction. This penalty is in addition to any other penalty incurred in the same incident.

*(Note) an altercation shall be defined as any physical interaction between two or more opposing players resulting in a penalty or penalties being assessed.*

- (g) A minor penalty shall be assessed to any player who drops his stick and/or removes his glove(s) and is not a participant in a fight.

A player who is involved in a fight and purposely removes his equipment other than his stick and gloves shall be assessed an automatic game misconduct penalty in addition to any other penalties incurred.

**For Junior A Tier I and Tier II:** Any player who deliberately removes his or opponent's helmet when no altercation is taking place and no other penalties have been assessed shall be assessed a minor penalty plus a game misconduct penalty.

**For Junior A Tier III:** Any player who deliberately removes his (or opponent's) helmet prior to an altercation shall be assessed a minor penalty plus a game misconduct penalty.

**For Junior A Tier I, Tier II and Tier III:** Any player who deliberately removes his helmet during an altercation shall be assessed an automatic game misconduct penalty. Any player who deliberately removes his opponent's helmet during the altercation shall be assessed a game misconduct penalty. If in the official's opinion, a player has purposely removed his opponents helmet in order to cause an injury or an injury occurs because a player's helmet has been purposely removed by his opponent then the officials must assess a match penalty.

*(Note) Linesmen are instructed to intervene as quickly as possible to prevent fighting and or protect a player whose helmet has been dislodged or is in a vulnerable position.*

- (h) A player who engages in a fight and whose jersey is not properly "tied-down" (jersey properly fastened to pants), and who loses his jersey (completely off his torso) in that altercation, shall receive a game misconduct penalty.

If the player loses his jersey despite the tie down remaining intact and attached to the pants, the game misconduct is not applicable, however this must be reported to the appropriate league. A player who is involved in an altercation, when the opponent has been identified as an instigator, shall not be assessed a game misconduct penalty if his jersey should be removed by an opponent or an official in the discharge of his duties, regardless as to whether or not he was properly "tied-down" (jersey properly fastened to pants).

*(Note) If during any of the situations listed above, an instigator penalty is assessed to one of the players involved in a fight where an automatic game misconduct would normally be assessed (secondary fight, under five minutes, etc.) the game misconduct penalty shall be waived and a misconduct penalty shall be assessed to the non-offending player.*

## **Rule 616. Fouled From Behind**

*(Note 1) For the purpose of this rule, fouled from behind is defined as any infraction committed to an opponent either directly or diagonally from behind (beyond the fouled player's peripheral vision), that would normally be deemed a penalty, including cross-checking, high sticking, holding, hooking, slashing and tripping.*

*(Note 2) For the purpose of this rule a "breakaway" is defined as a player who is in control of and is propelling the puck in a desired direction and is beyond his defending blue line with no opponent between him and the goalkeeper.*

- (a) A penalty shot/optional minor penalty shall be awarded to the non-offending team anytime a player is fouled from behind, or diagonally from behind by an opponent, and is denied a reasonable scoring opportunity during a breakaway.

*(Note) The intent of this rule is to restore a reasonable scoring opportunity that has been lost by reason of a foul committed from behind during a breakaway situation. This penalty shall be assessed in the normal manner allowing for a “delayed penalty” and a change of possession prior to stopping play.*

- (b) If the opposing goalkeeper has been removed from the ice and an obvious and imminent goal has been prevented by the fouled from behind provisions, then the Referee shall stop play and award a goal to the non-offending team.

## **Rule 617. Goals and Assists**

***(Note) It is the responsibility of the Referee to award goals and assists strictly in accordance with the provisions of this rule and his decision shall be final. In case of an obvious error in awarding a goal or an assist, corrections should be made promptly and no changes can be made to the official scoresheet once it has been signed by the Referee.***

- (a) A goal shall be scored when the puck has completely crossed the goal line between the posts and under the cross bar. The player who has legally propelled the puck into the opponent’s goal (or last attacking player to play the puck in cases where the puck entered the goal as a result of the actions of the defending team) shall be credited with the scoring of the goal.

Up to a maximum of two assists shall be awarded to those player(s) who had possession of the puck immediately prior to the goal being scored.

Only one point can be credited to any single player for a goal scored and each goal or assist shall count as one point in the respective player’s record.

- (b) A goal shall be legally scored if:
  - (1) The puck has been propelled into the goal by the Stick of an attacking player provided it was done in accordance with rule 621 High Sticking.
  - (2) The puck enters the goal as a result of any action by the defending team.
  - (3) The puck shall have been deflected into the goal by striking any part of an attacking player.
  - (4) The puck was legally propelled into the goal crease and not covered by the goalkeeper – making the puck available to another attacking player to propel into the goal.
  - (5) The puck was directed into the goal using a skate as long as there was no distinct kicking motion.
- (c) A goal shall not be allowed if the following occurs:
  - (1) An attacking player kicks, using a distinct kicking motion, the puck directly into the goal or a kicked puck deflects off any player, including goalkeeper, prior to entering the goal.
  - (2) The puck has been thrown or deliberately directed into the goal by any means other than a stick, even if subsequently deflecting off any player, including goalkeeper, prior to entering the goal.
  - (3) The puck was deflected into the goal directly off an official.
  - (4) The puck entered the goal while an attacking player was positioned in the crease or interfering with the goalkeeper (see Rule 624 Interference).
  - (5) The puck has not completely crossed the goal line prior to the expiration of the period.
  - (6) The team scoring committed an infraction (prior to the goal scored) that is reported to the Referee by a Linesman.
  - (7) As otherwise specified in the Official Playing Rules.
- (d) It is the responsibility of the on-ice officials to determine if a goal has been scored at the end of a period regardless of the use of signaling devices.



#### **Rule 618. Handling Puck with Hands**

- (a) Play shall be stopped and a last play face-off shall occur anytime a player (except the goalkeeper) closes his hand on the puck and does not immediately drop the puck to the ice.

A minor penalty for delay of game shall be assessed to any player, other than the goalkeeper, who picks the puck up from the ice with his hand(s) while play is in progress.

A penalty shot/optional minor penalty shall be awarded to the non-offending team anytime a defending player, other than the goalkeeper, picks the puck up off the ice with his hand or holds the puck while play is in progress and the puck is in the goal crease. If this infraction occurs while the goalkeeper has been removed from the ice and prevents an obvious and imminent goal, a goal shall be awarded to the non-offending team.

- (b) A player or goalkeeper shall not be allowed to “bat” the puck in the air, or push it along the ice with his hand, directly to a teammate unless the “hand pass” has been initiated and completed in his defending zone, in which case play shall be allowed to continue. If the “hand pass” occurs in the neutral or attacking zone, a stoppage of play will occur and a face-off will take place according to last play face-off rules provided no territorial advantage has been gained.

No goal can be scored as a result of the puck being propelled by the hand of an attacking player regardless if the puck enters the goal directly from the hand or deflects off of any player prior to entering the goal.

- (c) Play shall be stopped and an end zone face-off taken when a goalkeeper holds the puck for more than three seconds while being pressured. If not pressured, after a warning by the Referee, a goalkeeper shall be assessed a minor penalty for delay of game.

If a goalkeeper catches the puck and throws it forward towards his opponent’s goal and it is first played by a teammate, play shall be stopped and the ensuing face-off shall be held at the nearest end face-off spot of the offending team.

#### **Rule 619. Head-Butting**

*(Note) Head-butting shall be defined as the physical use of one’s head in the course of delivering a body check (head first) in the chest, head, neck or back area or the physical use of the head to strike an opponent.*

- (a) A minor plus misconduct penalty or a major plus a game misconduct penalty shall be assessed for head-butting an opponent.
- (b) A match penalty for attempt to injure or deliberate injury to an opponent may also be assessed for head-butting.

#### **Rule 620. Head Contact**

*(Note) Head Contact is the action of a player contacting an opponent in the head, face or neck with any part of the player’s body, equipment or stick.*

- (a) A minor, major or major plus game misconduct penalty shall be assessed for head contact to an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who injures an opponent as a result of head contact or who intentionally or recklessly contacts an opponent in the head, face or neck.
- (c) A match penalty for attempt to injure or deliberate injury to an opponent may also be assessed for head contact.

#### **Rule 621. High Sticks**

*(Note) High sticking is the action where a player carries the stick above the normal height of the opponent’s shoulders and makes contact with the opponent. A player must be accountable for being in control of their stick at all times.*

- (a) A minor, major or major plus game misconduct penalty shall be assessed for high sticking an opponent.

No penalty shall be called if deemed to be accidental as the result of a normal wind-up or follow-through of a slap shot motion.

- (b) A major plus a game misconduct penalty shall be assessed to any player who injures an opponent as a result of high sticking, unless deemed to be accidental in which a double minor penalty may be assessed.

- (c) Batting the puck above the normal height of the shoulder with the stick is prohibited.

When the puck is played above the height of the shoulders with the stick, play shall be immediately stopped and a face-off conducted at one of the end zone face-off spots in the defending zone of the offending team unless:

- (1) The puck is batted to an opponent who gains possession and control of the puck, in which case play shall continue, or
- (2) A player of the defending team bats the puck into their own goal, in which case the goal is allowed.

- (d) When an attacking player causes the puck to enter the opponent's goal by contacting the puck above the height of the crossbar (four feet (4')), either directly or deflected off any player or official, the goal shall not be allowed. The determining factor is where the puck makes contact with the stick. If the puck makes contact with the stick at or below the level of the crossbar and enters the goal, this goal shall be allowed. A goal scored as a result of a defending player striking the puck with his stick carried above the height of the crossbar of the goal frame into his own goal shall be allowed.

Cradling the puck on the blade of the stick (like lacrosse) above the normal height of the shoulders shall be prohibited and a stoppage of play shall result. If this is done by a player on a penalty shot or shootout attempt, the shot shall be stopped immediately and considered complete.

#### **Rule 622. Holding an Opponent or Opponent's Facemask**

*(Note) Holding is the action of a player wrapping his arms around an opponent or uses a free hand to clutch, grab or hold the stick, jersey or body on the opponent. This includes wrapping one or both arms around the opponent along the boards in a manner that pins them against the boards and prevents them from playing the puck or skating, grabbing the opponent's body, stick or jersey with one or both hands, or using a free arm/hand to restrain or impede the opponent's progress.*

- (a) A minor penalty shall be assessed for holding an opponent.
- (b) A minor penalty, major or a major plus game misconduct penalty or a major plus a game misconduct penalty shall be assessed to a player who grabs or holds the facemask of an opponent.

If the violation occurs during an altercation a major plus game misconduct penalty must be assessed.

#### **Rule 623. Hooking**

*(Note) Hooking is the action of impeding the progress of an opponent with a pulling or tugging motion by applying the blade of the stick to any part of an opponent's body or stick. A player cannot use his/her stick against an opponent's body (puck carrier or non-puck carrier) to gain a positional advantage.*

*Actions considered hooking include tugs or pulls on the body, arms or hands of the opponent that reduces space between the opponents; placing the stick in front of the opponent's body and locking on that impedes the opponent's progress or causes a loss of balance; a stick placed on the hand/arm that takes away the ability for the opponent to pass or shoot the puck with a normal amount of force.*

- (a) A minor, major or major plus game misconduct penalty shall be assessed for hooking an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who injures an opponent as a result of hooking.

#### **Rule 624. Icing the Puck**

*(Note) For the purpose of this rule, the center line shall divide the rink in half and the point of last contact with the puck shall be used to determine whether a potential icing exists. "Icing the puck shall have been completed the instant the puck has completely crossed the goal line.*

- (a) When a player of a team shoots, bats with the hand or stick or deflects the puck from his own half of the ice completely beyond the goal line of the opposing team, play shall be stopped and a face-off shall take place at an end zone face-off spot in the defending zone of the offending team.

*(Note) If a team ices the puck during a delayed whistle as a result of a foul committed by the opposing team, the ensuing face-off shall take place at a neutral zone face-off spot nearest the defending zone of the team icing the puck.*



However, if the puck has entered the goal as a result of a legal action by the team shooting the puck, the goal shall be allowed.

(b) Icing shall be nullified if any of the following conditions have been met:

- (1) An attacking player, who is onside at the blue line and with no opponent between him and the goal line and who is clearly in a position to be the first player to touch the puck, icing shall not be called. This decision by the Official shall be made no later than the first player reaching the end zone face-off spot.
- (2) A slow moving puck does not cross the goal line prior to opposing players in a tight foot race reaching the end zone face-off spots.
- (3) Should the opposing goalkeeper leave his crease and/or feign playing the puck during a potential icing situation, icing shall not be called and play shall be allowed to continue.

*(Note) The purpose of this section is to enforce continuous action and the On-Ice Officials should interpret and apply the rule to produce this result. Linesmen should NOT penalize a goaltender, who is in the act of playing goal.*

- (4) The offending team is shorthanded (below the on-ice numerical strength of their opponent) when the puck is shot. The determination is made at the time the penalty expires and if the puck was shot prior to the penalty time expiration, regardless as to the position of the penalized player, no icing shall be called.
  - (5) The puck is shot by an attacking player and rebounds off of the body or the stick of a defending player on their defensive half of the center red line.
  - (6) The puck travels the length of the ice as a result of either player participating in a face-off.
  - (7) The puck touches any part, including stick, skates or body, of an opposing player prior to crossing the goal line.
  - (8) If, in the opinion of the Linesman, an opposing player – except the goalkeeper – has an opportunity to play the puck, and has not done so, prior to the puck crossing the goal line.
- (c) A team that is in violation of this rule shall not be permitted to make any player substitutions prior to the ensuing face-off. However a team shall be permitted to make a player substitution to replace a goalkeeper that had been substituted for an extra attacker, to replace an injured player or goalkeeper, or when a penalty had been assessed which affects the on-ice strength of either team. The determination of players on the ice will be made when the puck leaves the offending team's stick. If an offending team uses its time out following an icing it may elect to change players.
- (d) If the Officials shall have erred in calling an "icing the puck" infraction (regardless of whether either team is shorthanded) a face-off shall occur at the end zone face-off spot nearest to the location of the puck when play was stopped.
- (e) During an icing situation, any player who makes unnecessary contact with an opponent shall be assessed a minor or major penalty plus a game misconduct penalty. This may also be treated under Rule 602 (Attempt to Injure or Deliberate Injury of Opponents).

## **Rule 625. Interference**

*(Note) Interference is defined as when a player uses his body ("pick" or "block") to impede the progress of an opponent (non-puck carrier) with no effort to play the puck, maintain normal foot speed or maintain an established skating lane.*

- (a) A minor penalty shall be assessed for interference. This includes the following actions which shall be penalized under this rule:
- (1) Providing a protective screen and limiting the opportunity for an opposing player to apply pressure to a teammate in possession and control of the puck.
  - (2) Making no attempt to play the puck while facing-off and instead plays the body of the opponent.
  - (3) An attacking player who no longer has possession and control of the puck initiates contact with the defending player in an effort to obstruct their ability to play the puck or an opponent.
  - (4) A defending player who changes his skating lane or foot speed in an effort to play the body of an opponent who is no longer in possession and control of the puck.

- (5) Deliberately knocking the stick out of an opponent's hand.
  - (6) Preventing an opponent who has dropped his stick or any other piece of equipment from retrieving it.
  - (7) Shooting, throwing or directing any object (equipment, broken stick, etc.) that may be on the ice in the direction of an opponent in an attempt to distract him.
  - (8) Any player who makes physical contact, using his stick or body, in a manner that interferes with the movement of the goalkeeper, unless otherwise specified in the rules.
  - (9) Any player on the players' or penalty bench who interferes, in any manner, with the movement of the puck or any opponent on the ice while play is in progress.
- (b) A face-off shall be conducted at the nearest neutral zone face-off spot anytime an attacking player stands, holds his stick, or skates through the goal crease provided the puck is in the attacking zone, the attacking team has possession of the puck and the goalkeeper is in contact with the crease.

No goal may be scored with an attacking player in the goal crease unless the puck has preceded the player(s) into the goal crease or the goalkeeper is out of the goal crease area.

However, if the attacking player has been physically interfered with by the actions of a defending player that causes him to be in the goal crease, play shall not be stopped and any legal goal scored shall be allowed.

*(Note) The goal crease area shall include all the space outlined by the semi-circular crease lines (including crease lines) and extending vertically to the level of the top of the goal frame.*

- (c) A minor penalty shall be assessed to a goalkeeper who intentionally leaves his stick, or any portion of his stick, in front of the goal.

A goal shall be awarded to the non-offending team if the puck shall hit the stick and prevent an obvious and imminent goal, regardless as to whether the goalkeeper is on the ice, in the act of leaving the ice or off the ice.

#### **Rule 626. Interference by Spectators**

- (a) Play shall be stopped and a last play face-off will occur if any objects are thrown onto the ice that interferes with the progress of the game.
- (b) Play shall be stopped and a last play face-off will occur anytime a player is being physically interfered with by a spectator, unless his team is in possession of the puck in which case play shall be stopped upon completion of the play.
- (c) A game misconduct penalty for unsportsmanlike conduct shall be assessed to any player who physically interferes with a spectator.

*(Note) The Referee shall report all incidents pertaining to this rule to the Proper Authorities who shall have full power to take further disciplinary action as deemed appropriate.*

#### **Rule 627. Kicking Opponent or Puck**

*(Note 1) Kicking is the action of a player deliberately using his skate(s) with a kicking motion to propel the puck or to contact an opponent.*

*(Note 2) A "push-off" with the skate is defined as the action where a player uses their skate(s) in a non-kicking motion to make contact with the opponent.*

- (a) A major plus a game misconduct penalty shall be assessed to any player or goalkeeper who uses their skate to "push off" an opponent.
- (b) A Match penalty shall be assessed to any player or goalkeeper who kicks, attempts to kick or injures an opponent by kicking.
- (c) Kicking the puck shall be permitted provided the puck is not kicked, using a distinct kicking motion, by an attacking player and entered the goal either directly or after deflecting of any player including the goalkeeper.

However, the puck may not be played by the so called "kick shot," which combines the use of the leg and foot driving the shaft and blade of the stick and producing a very dangerous shot.

## Rule 628. Kneeing

*(Note) Kneeing is the act of a player leading with or extending their knee outwards for the purpose of making contact, or attempting to do so, with the opponent.*

- (a) A minor, major or major plus game misconduct penalty shall be assessed for kneeling an opponent.
- (b) A major plus game misconduct penalty shall be assessed to any player who injures an opponent as the result of kneeling.

## Rule 629. Leaving the Players' Bench or Penalty Bench

- (a) A major plus a game misconduct penalty shall be assessed to the first player who leaves the players' bench or the penalty bench during an altercation or for the purpose of starting an altercation. Any subsequent players who leave the player's or penalty bench during an altercation shall be assessed a game misconduct penalty. These penalties are in addition to any other penalties that may be assessed during the incident.

Substitutions made prior to the altercation shall not be penalized under this rule provided the players so substituting do not enter the altercation.

For purposes of this rule, an altercation is considered to be concluded when the referee enters the referee's crease or, in the absence of penalties, signals a face-off location.

The first player of each team to leave the players' or penalty bench during an altercation or for the purpose of starting a fight or an altercation, shall incur an automatic five game suspension. This penalty is in addition to any other penalty he may be assessed. This penalty shall be doubled with each subsequent violation during the same season. In play-off games, any player who incurs a major plus game misconduct penalty under this sub-section shall be suspended automatically for the next three (3) play-off games of his team. For each subsequent violation, this automatic suspension shall be increased by one game.

*(Note) The automatic suspensions incurred under this sub-section in respect to regular season games shall have no effect with respect to violations during play-off games.*

Any other players who are assessed a Game Misconduct penalty under this section shall incur an automatic two-game suspension. This penalty shall be doubled with each subsequent violation.

Any player who incurs a second penalty under this sub-section in the same season shall be suspended automatically for the next two games of his team. The suspension shall be doubled with each subsequent violation. In play-off games, any player receiving a game misconduct penalty shall be suspended for the next play-off game of his team.

In addition, any team whose players leave the players' bench or penalty bench during an altercation may be subject to a fine not to exceed one thousand dollars (\$1,000) per occurrence per team and may also be subject to a fine of up to two hundred fifty dollars (\$250) per player involved (up to a maximum of five per team).

If a team's player(s) leave the players' or penalty bench during an altercation, the Coach and Assistant Coaches of the offending team may be suspended for up to three games for the first offense during a season. This suspension shall double with each subsequent violation during the same season. In addition, the Head Coach and Assistant Coaches may also be fined up to one thousand dollars (\$1,000) per occurrence. This fine is in addition to any other fines that may be assessed.

In Playoff games, any player under this subsection shall be automatically suspended for one game if the leave the players' or penalty bench during an altercation.

- (b) No penalized player may leave the penalty bench except on the expiration of his penalty or at the end of a period.

A minor penalty shall be assessed to any player who leaves the penalty bench before his penalty has expired, unless it resulted from an error by the Penalty Timekeeper. In all situations, the player shall serve the remaining penalty time. If a Penalty Timekeeper error occurred, no additional minor penalty assessed.

*(Note) In all cases where a penalized player has left the penalty bench prematurely, whether the result of Penalty Timekeeper error or not, the Penalty Timekeeper shall note the time and verbally alert the Referee who shall stop play when the offending team gains possession and control of the puck.*

- (c) If a player illegally enters the game either from the players' bench or penalty bench (Timekeeper error or not), any goal that is scored by the offending team while he is illegally on the ice shall be disallowed. However, all penalties assessed to either team shall be served in the normal manner.

A penalty shot/optional minor penalty shall be awarded to the non-offending team anytime a player who is on a breakaway (see Glossary) is interfered with, in any manner, by an opposing player who has illegally entered the game.

- (d) A bench minor penalty to the team, or a game misconduct penalty to the team official, or both, shall be assessed when any Team Official enters the ice surface after the start of the period and prior to its end without the permission of the Referee. If any club executive or Manager gets on the ice after the start of a period and before that period has ended without the permission of the Referee, the offending team shall be subject to a fine up to three thousand dollars (\$3,000).

*(Note) Any incident involving a Team Official entering the ice surface without permission during the course of a game shall be reported to the Proper Authorities for further disciplinary action.*

### **Rule 630. Off-Sides**

- (a) Off-sides occurs when players of an attacking team precede the puck into the attacking zone.

The position of the player's skates and the position of the puck relative to the blue line are determining factors for an "off-side" violation. The position of the player's stick shall not be considered in all instances deciding off-sides. A player is considered "off-side" when the player does not have skate contact with any part of the Neutral Zone or the blue line when the puck crosses the determining edge of the blue line.

*(Note) The blue line is always considered to be part of the zone in which the puck is in. Therefore, when the puck is entering the attacking zone, the "determining edge" of the blue line shall be the edge closest to the attacking goal. Therefore, the determination as to whether an "off-sides" has occurred will only take place at the moment the puck has completely crossed the determining edge into the attacking zone. A player only needs to have skate contact with one skate with the blue line to be considered "on-side."*

- (b) A player who is actually in possession and control of the puck prior to entering the attacking zone and precedes the puck into the zone is not considered "off-side."

Off-sides shall be waived if a player legally carries or passes the puck back into his own Defending Zone while a player of the opposing team is in the Defending Zone.

- (c) Anytime the puck is carried into the attacking zone creating an off-side play, play shall be stopped and a face-off conducted at the nearest neutral zone face-off spot.

Anytime the puck was passed or shot into the attacking zone and creates an off-side play, play will be stopped and the face-off will take place at the nearest last play face-off location where the pass or shot originated.

Anytime, in the opinion of the official, a player has created an intentional off-sides play, play shall be stopped and a face-off conducted at the nearest end zone face-off spot in the defending zone of the offending team.

*(Note) An intentional off-side is one which is made for the purpose of deliberately securing an immediate stoppage of play or when an off-side play is made under conditions where there is no effort made or possibility of completing a legal play.*

- (d) The Official shall signal a delayed off-side if an attacking player proceeds the puck into the Attacking Zone and a defending player is able to play the puck at or near the blue line. The delayed off-side will be nullified if:

- (1) The puck were to exit the attacking zone.
- (2) All attacking players are simultaneously clear of the attacking zone by making skate contact with the blue line, at the same instant.

If any of the following conditions are met, play shall be stopped and a face-off conducted according to subsection (c) of this rule:

- (1) An attacking player touches the puck.
- (2) An attacking player attempts to gain possession of the puck or continues to apply pressure to the defending puck carrier.
- (3) The puck is shot directly on goal.

- (e) If the official shall have erred in stopping play for an off-side infraction, the face-off shall take place at the nearest neutral zone face-off spot to where play was stopped.

#### **Rule 631. Puck Out of Bounds or Unplayable**

- (a) Anytime the puck goes outside the playing area, strikes any obstacles above the playing surface other than boards or shielding, or becomes unplayable due to a defect in the playing rink, play shall be stopped and a last play face-off conducted.
- (b) Play shall be stopped immediately if the puck comes to rest in the netting on top of the goal frame.  
Play shall be stopped and deemed unplayable if the puck becomes lodged in the netting outside of either goal and neither team is able to dislodge the puck within three seconds.
- (c) Play shall not be stopped if the puck comes to rest on top of the boards surrounding the playing area and is legally played by a hand or stick or if the puck strikes an official anywhere on the rink.
- (d) If an attacking player shoots the puck directly out of play, onto the netting of the goal frame or if the puck deflects out of play off of an attacking player, the face-off will take place at the nearest neutral zone face-off spot.

#### **Rule 632. Puck in Motion or Out of Sight**

- (a) The puck must be kept in motion at all times and play shall not be stopped for a frozen puck (other than goalkeeper) unless a scramble takes place where a player falls on or is knocked down on the puck.  
*(Note) The Referee should be aware of all circumstances and may stop play along the boards to avoid any unnecessary contact surrounding the puck.*  
When a stoppage of play occurs, the face-off shall take place at the point where play was stopped according to the last play face-off rules.
- (b) A minor penalty for delay of game shall be assessed to any player who intentionally falls on the puck causing a stoppage of play.  
A minor penalty for delay of game shall be assessed to any player(s), including a goalkeeper, who holds or freezes the puck along the boards or goal frame in any manner causing a stoppage of play.
- (c) Play shall be stopped immediately if a puck, other than the one officially in play, shall appear on the playing surface and interferes with the progress of the game.

#### **Rule 633. Refusing to Start Play**

- (a) With both teams on the ice, after the game has started, a team for any reason refuses to play after being ordered to do so by the Referee, the Referee shall warn the Captain and allow the team 15 seconds to resume play.  
A bench minor penalty for delay of game shall be assessed to the offending team who still refuses to start play and if the same team refuses to continue play, the Referee shall suspend the game and assess a gross misconduct penalty to the responsible Team Official(s).
- (b) A bench minor penalty for delay of game shall be assessed to the offending team if, prior to the start of the game or start of a period, one team fails to go onto the ice promptly when ordered to do so by the Referee.  
A gross misconduct penalty shall be assessed to the responsible Team Official(s), and the game suspended, if the same team fails to go onto the ice and start play within five minutes.  
*(Note) In any instance when this rule is applied, the Referee is required to report the incident to the Proper Authorities for further disciplinary action. Any team refusing to start play may be subject to a fine not to exceed one thousand (\$1,000) plus financial losses incurred by the non-offending team.*

#### **Rule 634. Slashing**

*(Note) Slashing is the act of a player swinging his stick at an opponent, whether contact is made, or not. Any forceful chop with the stick on an opponent's body or opponent's stick, on or near the opponent's hands, shall be considered slashing.*



- (a) A minor, major or major plus game misconduct penalty shall be assessed for slashing an opponent.
- (b) A major plus a game misconduct penalty shall be assessed to any player who injures an opponent as a result of slashing.  
*(Note) Referees are instructed to penalize any player who swings his stick at any opposing player (whether or not contact is made) or makes a wild swing at the puck with the intention of intimidating the opponent.*
- (c) Any player who swings his stick at another player in the course of an altercation shall be assessed a game misconduct (plus any additional penalty outlined in this rule) or a match penalty.
- (d) A minor penalty shall be assessed to any player who makes stick contact with an opposing goalkeeper while he is in his goal crease and who has covered or caught the puck, regardless of whether or not the Referee has stopped play.

#### **Rule 635. Spearing**

*(Note) Spearing is the act of poking, stabbing, or attempting to poke or stab an opponent with the tip of the blade of the stick while holding the stick with one or both hands.*

- (a) A minor plus misconduct penalty or a major plus a game misconduct penalty shall be assessed for spearing an opponent.

The minor plus misconduct penalty option may only be assessed for an attempted spear where no contact with the opponent is made.

- (b) A match penalty for attempt to injure or deliberate injury to an opponent may also be assessed for spearing.

#### **Rule 636. Start of Game and Time of Match/Time-Outs**

- (a) The game shall start at the scheduled time with a face-off conducted at the center ice face-off spot. The maximum length of a game shall be three 20-minute periods with a 15-minute intermission, allowing for an ice resurface, between each period. Each period shall start promptly at the end of the intermission with a face-off conducted at the center ice face-off spot.

No delay shall be permitted by reason of any ceremony, exhibition, demonstration or presentation unless consented to reasonably in advance by the visiting team.

Should a game be delayed by two and one-half hours at the start of the game or by two hours during the actual playing time, because of conditions beyond control (i.e., bus problems, road conditions, playing conditions, etc.), the Referee shall have the authority to suspend the game after conferring with both teams. The circumstances surrounding the incident shall be immediately reported to the League. It is recommended that a Junior game not start after 9:45 p.m.

- (b) During the pre-game warm-up (not less than 12 and no more than 15 minutes – recommended time is 15 minutes) and before the commencement of play in any period, each team shall confine its activity to its own half of the rink. Any player crossing the center red line during warm-ups, or any player who shoots a puck at an opponent or in direction of the opponent's goal, before the game and between periods will receive a minor penalty. The Referee is instructed to strictly enforce this rule.

At the conclusion of the warm-up period and at the end of each period, all players are required to promptly leave the ice surface. A failure to exit one minute after the conclusion of a period or warm-up shall result in the following:

- (1) First Offense - Written warning from the League.
- (2) Second Offense - A fine not to exceed twenty five dollars (\$25) per occurrence per player to the team.
- (c) Three minutes prior to the start of the game and each period, each team shall be notified so they can return to the ice in time to start the game promptly at the conclusion of the intermission. It is recommended that the intermission time be placed on the game clock in an effort to keep teams and spectators informed.

Any team that has not returned to the ice, without proper justification, and is prepared to play at the conclusion of the intermission (0:00 on the clock) shall be assessed a bench minor penalty for delay of game.

- (d) Each team shall defend the goal closest to its bench for the start of the game unless the benches are on the opposite side of the ice. Then the home team shall choose which end to defend. The teams shall switch ends for the start of each subsequent period.

The home team shall enter the ice surface first and if both teams are to leave the ice through a common exit, it is recommended that the team whose players are closest to the exit shall leave the ice first.

- (e) If in the opinion of the Officials, conditions are more favorable at one end of the rink, the officials may have the teams change ends at the midway point of the third period and during each overtime period so each team has an equal opportunity to play with the advantage. This changing of ends should occur at the exact midpoint of the period.

If any unusual delay occurs in the first or second periods, the Officials may order the next regular intermission to be taken immediately. The remainder of the period will be completed upon the conclusion of the intermission with the teams defending the same goals. At the conclusion of that period, the teams will change ends and resume play for the next period without any delay.

If in the opinion of the officials, the playing conditions (such as ice conditions, broken boards/glass or weather) become unsatisfactory during the course of the game, the game may be suspended and the conditions reported to the Proper Authorities.

- (f) Each team is permitted one time-out of 60 seconds duration during the game whether in regulation play or overtime. For time curfew games, no time-outs shall be permitted.

Time-outs must be requested during a stoppage of play prior to the conclusion of the line change procedure. If a team were to request to use their time-out during the same stoppage of play, this request must be made prior to the conclusion of the first time-out.

Either team may use a time-out for the purpose of warming up their goalkeeper. However, no more than four pucks per team shall be allowed for this purpose.

Time-outs may only be used prior to a shoot-out or penalty shot to warm-up the goaltender who must face at least one shooter.

Non-penalized players and goalkeepers may proceed to their respective players' bench during any time-out.

- (g) There shall be no handshake at the end of any regular season or play-off game until the play-off series has been concluded.

### **Rule 637. Throwing Stick/Object**

- (a) A minor penalty shall be assessed to any player on the ice who shoots or throws any portion of his stick or any other object in the direction of the puck.

*(Note) When a player discards the broken portion of a stick by tossing it to the side of the rink (and not over the boards) in such a way as will not interfere with play or an opposing player, no penalty shall be assessed.*

However, a penalty shot/optional minor penalty shall be awarded to the non-offending team if done in his defending zone. The Referee shall allow play to be completed and provided no goal is scored, the penalty shot/optional minor is awarded to the player who was fouled. If the player fouled is not readily identified, the Captain of the non-offending team shall select the player to take the penalty shot from those players who were on the ice at the time the infraction occurred.

- (b) A penalty shot/optional minor penalty shall be awarded to the non-offending team anytime a player is interfered with by any object thrown or shot in his direction by a defending player or team official during a breakaway.

For the purpose of this rule a "breakaway" is defined as follows: A player who is in possession and control of the puck (SEE GLOSSARY), is beyond his defending blue line with no opponent between him and the goalkeeper.

A goal shall be awarded to the non-offending team if the goalkeeper has been removed from the ice and the stick or other object is thrown or shot in the direction of the puck and prevents an obvious and imminent goal.

- (c) A misconduct penalty shall be assessed to any player who throws any portion of his stick or any other object outside of the playing area. A game misconduct penalty shall be assessed if done in protest of an official's decision or if thrown at or in the direction of a spectator.



### **Rule 638. Tied Games**

- (a) During regular season, if the score is tied at the end of three periods and the game must be played until there is a winner, the following shall take place:

*(Note) Each League may make their own rules regarding overtime during exhibition and regular season games.*

- (1) A 2-minute rest period will occur.
- (2) The teams shall change ends.
- (3) A 5-minute period shall be played with each team having four skaters on the ice.
- (4) The game will be completed once either team scores a goal (sudden victory) and that team shall be declared the winner. If no goal is scored, the same procedure shall be repeated.
- (5) Should the score remain tied after the overtime period there shall be a shoot-out commencing one (1) minute following the overtime period.

*(Note) Standard penalty shot rules shall govern the shots taken during the shoot-out.*

- (6) Teams will not change ends.
- (7) Five shooters from each team will participate in the shootout, alternating with the home team shooting last until a decisive goal is scored. Should the score be tied at the end of the five (5) player shoot-out, a sudden death shootout (each team attempting one shot) will continue until a winner is determined. All eligible players must shoot before a player can shoot a second time during the shoot-out.
- (8) Should a player shooting in a shoot out commit an infraction against the opposing team goaltender he shall be assessed a game misconduct and the goal shall not be allowed.
- (9) Should a player commit an infraction against a member of the opposing team he shall be assessed a game misconduct.
- (10) Should any player be found using illegal equipment during a shoot out, their team shall be fined up to three hundred dollars (\$300).

*(Note) During any overtime period a team shall be permitted to pull its goaltender in favor of an additional skater. However, should the team lose the game during the time in which their goalkeeper has been removed from the ice, it forfeits the automatic point gained because of the tie at the end of regulation play, except if the goalkeeper has been removed during a delayed penalty signaled against their opponent. Should the goalkeeper proceed to their players bench for an extra attacker during a delayed penalty signaled against the opposing team, and should a player of the non-offending team shoot the puck directly into their own goal, the game shall be completed and the opposing team declared the winner.*

- (b) During play-offs and National Championships, if at the end of three periods the score is tied, the following shall take place:

- (1) Teams shall return to their dressing room and the ice shall be resurfaced.
- (2) Teams shall change ends.
- (3) A twenty-minute period shall be played.
- (4) The game shall terminate upon a goal being scored and the team scoring declared the winner. If no goal is scored, the same procedure as above shall be repeated until a winner has been determined.

- (c) Any overtime period shall be considered part of the game and all unexpired penalties shall remain in force.
- (d) If either team declines to play in the necessary overtime period or periods, the game shall be declared a loss for that team.

*(Note) USA Hockey sanctioned Junior Leagues may make their own rules regarding overtime for games under their jurisdiction.*

### **Rule 639. Tripping/Clipping/Leg Checking/Slew Footing**

*(Note) Tripping is the act of placing a stick, knee, foot, arm, hand or elbow in such a manner that causes his opponent to lose balance or fall.*

*(Note 2) Clipping is the act of deliberately leaving the feet or lowering the body for the purpose of making contact with the opponent at or below the knees.*

*(Note 3) Leg Checking is the act of extending the leg from the front or from behind for the purpose of tripping the opponent.*

*(Note 4) Slew Footing is the act of a player using his leg or foot to knock or kick an opponent's feet from under him. This is done by pushing an opponent's upper body backward with an arm or elbow and at the same time using a forward motion of his leg causing the opponent to fall to the ice.*

- (a) A minor, major or major plus game misconduct penalty shall be assessed under this rule for any actions described above.

*(Note) However, no penalty shall be assessed under this rule if, in the opinion of the Referee, the player was clearly hook-checking or poke-checking the puck for the purpose of gaining possession.*

- (b) A major penalty plus a game misconduct or match penalty shall be assessed to any player who injures an opponent as a result of tripping, clipping, leg-checking or slew footing.

#### **Rule 640. Unnecessary Roughness (Roughing)**

*(Note) Roughing shall be considered any act where a player uses unnecessary force to push or shove an opponent or makes avoidable physical contact with an opponent after the whistle.*

*Under this rule, a penalty for roughing should also be assessed to a player who delivers an avoidable body check to an opponent who is no longer in possession and control of the puck.*

- (a) A minor or double minor penalty shall be assessed to any player who is deemed guilty of unnecessary roughness (roughing).

Any action warranting a major penalty under this rule shall be assessed under Rule 615 (Fighting).

- (b) A minor or major penalty shall be assessed to any player who makes avoidable physical contact with an opponent after the whistle.
- (c) A minor or major penalty shall be assessed to any player who delivers an avoidable body check to a vulnerable opponent who is no longer in possession and control of the puck.
- (d) A major plus a game ejection or a game misconduct penalty shall be assessed to any player who injures an opponent as a result of subsections (b) or (c) of this rule.
- (e) Should a goalkeeper use his blocker (waffle) to hit his opponent, he shall be assessed a match penalty.





# **APPENDICES**

*Junior Hockey Casebook*

*Summary of Penalties*

*Summary of Fines*

*Summary of Face-Off Locations*



## JUNIOR HOCKEY CASEBOOK

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### ⇒ Situation 1

What must a player on the ice do if his helmet comes off during play?

A player, on the ice, whose helmet comes off during play and continues to participate in play shall be assessed a minor penalty unless the player either:

- (a) Exits the playing surface immediately by returning to his players' bench, or
- (b) Immediately and properly replaces his helmet back on his head with the chin strap properly fastened.

If he goes to his players' bench to be substituted for, he may not return to the playing surface unless he is wearing a properly fastened helmet (nor may a player exit the penalty bench during play unless he is wearing a properly fastened helmet).

If the goalkeeper's helmet comes off during play, the play shall be stopped immediately. A minor penalty shall be assessed to any goalkeeper who purposely removes his helmet during play unless in the course of a breakaway in which case a Penalty Shot/Optional Minor shall be awarded.

For violation of this rule a minor penalty shall be assessed. Rule Reference Junior Rulebook 304(e).

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### ⇒ Situation 2

With both goalkeepers in goal, when should the Referee award a goal when the goal is displaced?

There are three conditions that must be met. They are:

- (1) The goal was either accidentally or deliberately displaced by a defending team player or goalkeeper.
- (2) There was not enough time for the Referee to stop play for a displaced goal before the shot was taken.
- (3) The puck would have undoubtedly entered the goal had the goal not been displaced.

This is usually a last ditch effort by the defending team to prevent a goal from being scored. If, in the judgment of the Referee, the attacking team would have scored had the goal not been displaced, a goal must be awarded. Rule Reference Junior Rulebook 610(e).

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### ⇒ Situation 3

What action should the referee take when the goalkeeper loses one of his gloves during play?

Keeping safety as the primary consideration, the referee should stop play whenever the goalkeeper loses a glove and is in a vulnerable position UNLESS there is an imminent scoring opportunity in which play should be allowed to continue until the imminent scoring opportunity has passed.

If the Referee judges the goalkeeper has deliberately removed any equipment during play he should assess the offending goalkeeper a 'Delay of Game' minor penalty. Rule Reference Junior Rulebook 610(f).

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### ⇒ Situation 4

In determining whether a legal goal has been scored as a result of 'playing the puck with a high stick', what is the determining factor?

When the puck is played with a high stick, the determining factor will be the point of puck contact with the stick. If the contact point is at a place on the stick that would be at or below the height of the crossbar (4 feet) then it shall be considered a legal play/goal. Rule Reference Junior Rulebook 621(c).

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### ⇒ Situation 5

A white team player A1 shoots the puck from his defending side of the center red line into his attacking zone while one of his teammates, player A2, is off-side at the top of the end zone face-off circle. The back linesman raises his arm for a potential icing on the white team and the front linesman raises his arm for the delayed off-side at the blue line. What is the proper call?

The outcome of this situation rests with the actions of the off-side white player A2. If white player A2 continues to pursue the puck or does not make any effort to tag-up and clear the zone then the play will be stopped when that determination is made and the off-side infraction will be enforced. Remember that the white player A2 is illegally in the attacking zone and therefore is not eligible to play or pursue the puck until he tags-up and the delayed off-side is nullified. Rule Reference Junior Rulebook 624(b.1) and 630(d.2).

If the offside white player A2 tags-up and clears the zone, then the delayed off-side is nullified and play continues with the potential icing call using the hybrid icing criteria.

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#### ⇒ **Situation 6**

The puck/play is deep in the white teams end zone. A white team player shoots a hard shot down the ice. The back linesman signals a potential icing situation. The front linesman pursues the puck as it crosses the blue team's blue line towards the goal line. The puck crosses the goal line and deflects off the end wall and angles towards the crease. The blue team's goalkeeper, at that end, has dropped to his knees to protect the post that the puck is heading towards. The nearest players (defending or attacking) are just crossing the blue line when the blue team's goalkeeper freezes the puck in his crease because the puck has traveled into his crease and he sees an attacking player converging on him. Is this icing under the hybrid icing rule?

This situation could be viewed as an exception to the hybrid icing rule. In this situation, when the blue team's goalkeeper decides to play the puck all of the conditions for hybrid icing to be called have not been met therefore there is no icing and a face-off should take place at the appropriate end zone face-off spot nearest the blue team's goalkeeper. Rule Reference Junior Rulebook 624(b).

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#### ⇒ **Situation 7**

Late in the third period, the losing team has established possession in their attacking zone (can be expecting the goalkeeper to be pulled soon for extra attacker). There is a quick turnover, and the puck is shot down the bench side for what would clearly be icing. As the back linesman turns to look down ice (also on bench side), he sees the goalkeeper is out of his crease and stopped at around his own end zone face-off spot. The Linesman immediately waves off icing, and the goalkeeper goes back to his net. The linesman quickly realizes that the goalkeeper was already on his way to the bench for the extra attacker and was not coming out for reason of playing the puck. Play is allowed to continue with the waved icing, because the goalkeeper was out of his crease. Is this the correct call?

What if the icing had been shot from the other side of the ice and the goalkeeper had been skating to the bench away from the puck?

In this situation no matter which side of the ice the puck is shot down, the back linesman must have total ice surface awareness and understand the circumstances of the game. When the linesman observes the goalkeeper leaving his crease he must use his judgment to determine if the goalkeeper is going to his bench for an additional attacker or to play the puck. If the linesman determines that the goalkeeper is going to the bench to be substituted for another attacker then the icing should remain in effect. If the goalkeeper, on his way to the bench, makes any motion to play or feign playing the puck then the icing should be waved and play allowed to continue. Rule Reference Junior Rulebook 624(b).

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#### ⇒ **Situation 8**

Both teams are lined up ready to begin the game. The referee is preparing to drop the opening puck. The visiting teams coach realizes that he has the wrong starting line up on the ice. To prevent a possible penalty, he calls a time out to change the players. Can a team call this time out?

Yes, the team can use its one timeout to correct this error in the starting line-up. No more time outs shall be granted to that team during the game. Rule Reference Junior Rulebook 636(f).



## SUMMARY OF PENALTIES

The following summary of penalties is intended for general application of the rules. Specific situations may require different applications. All referenced rules should be consulted for exact language.

### MINOR PENALTY

#### Personal Fouls

- 601(a) Unsportsmanlike Conduct
- 601(a) Shooting puck after whistle
- 601(a) Diving or embellishment
- 613(e) Face-off interference
- 622(a) Holding
- 625(a) Interference
- 629(b) Leaving penalty bench prematurely
- 634(d) Stick contact with goalkeeper
- 636(b) Pre-game skating across center line

#### Delay of Game, player or goalkeeper

- 309(c) Adjusting clothing/equipment
- 610(a) Freezing puck along boards or net
- 610(c) Batting/shooting puck out of rink
- 610(e) Deliberate goal displacement
- 610(h) Delaying face-off
- 613(d) Second face-off violation, same team
- 614(a) Falling on puck
- 618(a) Picking up puck from ice
- 632(b) Freezing puck along boards

#### Goalkeeper Infractions

- 303(g) Wearing illegal equipment
- 406(d) Thrown stick during penalty shot
- 407(c) Participating in play across center line
- 605(c) Going to bench for stick at stoppage
- 610(g) Piling up obstacles in front of goal
- 610(g) Dropping puck onto goal netting
- 618(c) Holding puck more than 3 seconds

#### Stick and Equipment Violations

- 301(c) Playing with an illegal stick
- 301(c) Player playing with goalkeeper stick
- 301(e) Playing with more than one stick
- 304(b) Equipment not worn under uniform
- 605(a) Playing with a broken stick
- 605(b) Receiving a stick illegally
- 615(g) Dropping glove(s)/stick in altercation
- 637(a) Throwing a stick (non-Penalty Shot)

### Bench Minor Penalty

- 204(b) Starting lineup violation
- 205(b) Too many players on the ice
- 205(e) Goalkeeper to bench at stoppage
- 205(f) Illegal entry from penalty bench
- 206(d) Injured/penalized player returns prematurely
- 301(c) Stick measurement legal
- 304(f) Mouthpiece challenge not sustained
- 307(c) Equipment measurement (legal)
- 601(b) Abuse of officials and other misconduct
- 601(g) Alcohol, tobacco, smoking on bench
- 610(h) Continued incorrect players on ice
- 633(a) Refusing to start play
- 633(b) Refusing to go on ice
- 636(c) Delay during intermission

### Minor or Double Minor Penalty

- 640(a) Unnecessary roughness

### Minor or Major Penalty #

- 603(a,b) Boarding
- 607(c) Charging (Goalkeeper)
- 609(a,b) Cross-Checking
- 640(b) Checking opponent after whistle
- 640(c) Avoidable check to vulnerable opponent not in possession and control of puck

# Required penalty if resulting in injury:  
Major plus Game Misconduct

### Minor, Major or Major plus Game Misconduct Penalty

- 607(a,b) Charging (Player)
- 611(a,b) Elbowing
- 620(a,b) Head Contact
- 622(a,b) Holding an Opponent or Opponent's Facemask
- 623(a,b) Hooking
- 628(a,b) Kneeing
- 634(a,b) Slashing
- 639(a) Tripping/Clipping/Leg Checking/Slew Footing

**Minor, or Major plus Game Misconduct Penalty**

- 624(e) Unnecessary contact with opponent during icing situation

**Minor, Minor plus Misconduct, or Major plus Game Misconduct Penalty**

- 608(a,b,c) Checking from behind  
(Major plus Game Misconduct required if injury results)

**Minor, Double Minor, Major, or Major plus Game Misconduct Penalty**

- 621(a,b) High-sticking  
If injury results, options are:  
*if accidental* Double Minor, or  
*if careless* Major plus Game Misconduct

**Double Minor plus Misconduct, or Major plus Game Misconduct or Match Penalty**

- 606(a,b) Butt-ending  
619(a,b) Head-butting  
(Major plus Game Misconduct or Match Penalty required if injury results)  
635(a,b) Spearing  
(Major plus Game Misconduct or Match Penalty required if injury results)

**Major, Major plus Game Ejection, or Major plus Game Misconduct**

- 615(a) Fighting (origination)

**Minor, Double Minor, Major or Major plus Game Ejection, or Major plus Game Misconduct**

- 615(a) Fighting (retaliation)

**Minor plus Misconduct Penalty**

- 301(d) Not surrendering stick for measurement

**Minor plus Game Misconduct Penalty (2 game suspension)**

- 615(f) Drop glove(s)/stick and instigate altercation

**Major plus Game Ejection, or Major plus Game Misconduct**

- 615(e) Major following original altercation

**Major plus Game Misconduct**

- 622(b) Grabbing facemask during altercation  
629(a) Leaving bench in altercation (1st player)

**Bench Minor or Game Misconduct, or both**

- 629(d) Team Official on ice without permission

**Major plus Game Misconduct or Match**

- 627(a,b) Kicking opponent

**Match Penalty**

- 305(b) Taped hand, cutting opponent in altercation  
602(a) Attempt to injure opponent  
602(a) Deliberate injury of opponent

**Misconduct Penalty**

- 304(c) Helmet/facemask not worn on bench  
304(f) Mouthpiece violation  
304(g) Protective/recommended equipment violation  
305(b) Playing with cut palm on glove  
406(d) Distraction during penalty shot  
601(a) Persisting in unsportsmanlike conduct  
601(c2) Obscene, profane, abusive language (player)  
601(c3) Puck shot away from Official retrieving it  
601(c4) Not proceeding to penalty bench or dressing room when so ordered  
601(c5) Player in Referee's crease  
601(c6) Non-physical Interference with Game Official  
637(c) Throwing equipment out of rink

**Misconduct or Game Ejection or Game Misconduct Penalty**

- 601(a) Persisting in unsportsmanlike conduct  
601(d1) Touching or holding Game Official  
601(d2) Continuing altercation after warning  
601(d3) Banging boards or glass with stick (player)

**Misconduct or Game Misconduct Penalty**

- 637(c) Stick thrown out of playing area

**Game Ejection Penalty**

- 404(a) 2nd Misconduct in same game

**Game Ejection or Game Misconduct Penalty**

- 601(e2) Obscene gesture
- 601(e2) Racial/ethnic slur
- 601(e1) Persisting Team Official conduct, after Bench Minor
- 601(e3) Physically interfering with a Game Official
- 601(e4) Threatens harm or injury
- 615(a) Fisticuffs during line change
- 615(f) Removing equipment in an altercation

**Game Misconduct Penalty**

- 403(b) Second major penalty in same game
- 615(f) First to intervene in altercation
- 626(c) Player interference with spectator
- 629(a) Players leaving benches during altercation

**Game Misconduct or Match Penalty**

- 615(f) Removing helmet during altercation
- 634(c) Swinging stick at opponent in altercation

**Gross Misconduct I Penalty**

- 601(f1) Injury or attempting to injure Game Official
- 601(f2) Injury or attempting to injure opponent (except player to player)
- 601(f3) Detrimental behavior
- 602(b) Attempt to injure player or team official
- 602(b) Deliberate injury to player or team official
- 633(a,b) Refusal to start play (game suspended)

**Gross Misconduct II Penalty**

- 601(f1) Injuring Game Official
  - 601(f2) Injuring opposing Team Official
  - 601(f2) Injuring opponent
- For violations under sub-section (j), a fine up to \$2,500 may be assessed

**Penalty Shot/Optional Minor (only)**

- 205(g) Deliberate illegal substitution
- 610(e) Goalkeeper deliberately displaces goal, no break-away
- 610(f) Deliberate removal of goalkeeper's helmet/facemask, break-away
- 629(c) Illegal entry from bench, break-away
- 637(b) Thrown stick from bench, break-away

**Penalty Shot/Optional Minor or Awarded Goal**

- 610(e) Deliberate goal displacement in scoring opportunity
- 614(b) Player falling on puck in crease
- 616(b,c) Fouled from behind on break-away
- 618(a) Player picking up puck from crease
- 637(b) Stick thrown at puck in Defending Zone

**Awarded Goal (only)**

- 610(e) Deliberate goal displacement preventing a goal
- 625(c) Goalkeeper stick left in front of goal, preventing a goal



## SUMMARY OF FINES

<b>Infrac.</b>	<b>Max. Fine</b>	
103(e)	\$200.	Non-approved ice markings
108(d)	\$200.	Signal lights not operational
109(a)	\$2000.	Inadequate protection
201(b)	\$500.	Failure to have coach on bench
202(a)	\$25.	Captain/Alternate violation
203(b)	\$500.	Unauthorized logo/marks
203(b)	\$50.	Player uniform violation
203(c)	\$50.	Using an emergency goaltender as a result of a suspension
404(d)	\$500.	Unserved suspension
410(d)	\$250.	Buying suspension/end of season
501(b)	\$50.	Not providing off-ice officials
601(e)	\$500.	Team official getting game ejection
601(e)	\$750.	Team official getting game misconduct
601(f)/404(c)	\$1500.	Gross misconduct I
601(f)/404(c)	\$2500.	Gross misconduct II
615(b)	\$2500.	Fighting off playing surface
615(b)	\$250.	Fighting off playing surface (per player)
615(b)	\$2500.	Altercation not during periods
615(b)	\$250.	Altercations not during periods (per player)
615(c)	\$100.	Banging stick during or following a fight
615(c)	\$250.	Not going to bench-altercation
615(c)	\$50.	Player not going to bench-altercation
615(e)	\$250.	Fight after original fight
615(e)	\$100.	Fight after original fight (per player)
629(a)	\$1000.	Leaving bench (altercation) – Team
629(a)	\$250.	Leaving bench (altercation) – Player
629(a)	\$1000.	Players leaving bench (Coaches)
629(d)	\$3000.	Team official on ice
633(b)	\$1000.	Refusing to start play
636(b)	\$25.	Player not leaving ice/end periods
638(a)	\$300.	Illegal equipment using during shoot out



## SUMMARY OF FACE-OFF LOCATIONS

### Center Ice Spot

- 205(c) Premature goalkeeper substitution (normal)
- 612(a) Goal scored
- 636(a) Start of game and periods

### Neutral Zone Spot

- 612(h3) Coincident icing and delayed penalty
- 612(c) Stoppage by attacking player in Attacking Zone except striking goalpost
- 612(c) Attacking player shoots puck onto netting
- 612(c) Attacking team makes puck unplayable
- 612(d) Gathering of players
- 625(b) Goal crease violation
- 630(c) Puck carried off-side
- 630(e) Off-side error by officials

### End Zone Face-Off Spot

- 406(c) Unsuccessful penalty shot attempt
- 612(b) Last play face-off between end spots and end boards
- 612(c) Puck strikes goalpost and leaves rink
- 612(f) Goal illegally scored off official
- 618(c) Goalkeeper throws puck forward
- 621(c) High-sticked puck
- 624(a) Icing
- 624(d) Icing error by officials
- 630(c) Intentional off-side

### Last Play Face-Off

- 205(c) Premature goalkeeper substitution (exception)
- 409(a) Penalty on team in possession
- 409(a) Stoppage following delayed penalty signal
- 612(b) Fouls by players on both sides simultaneously
- 618(b) Hand pass
- 626(b) Interference by spectators
- 630(c) Puck passed off-side
- 631(a) Puck strikes overhead obstruction/rink defect
- 632(a) Stalled puck between opposing players
- 632(a) Puck out of sight of Referee









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